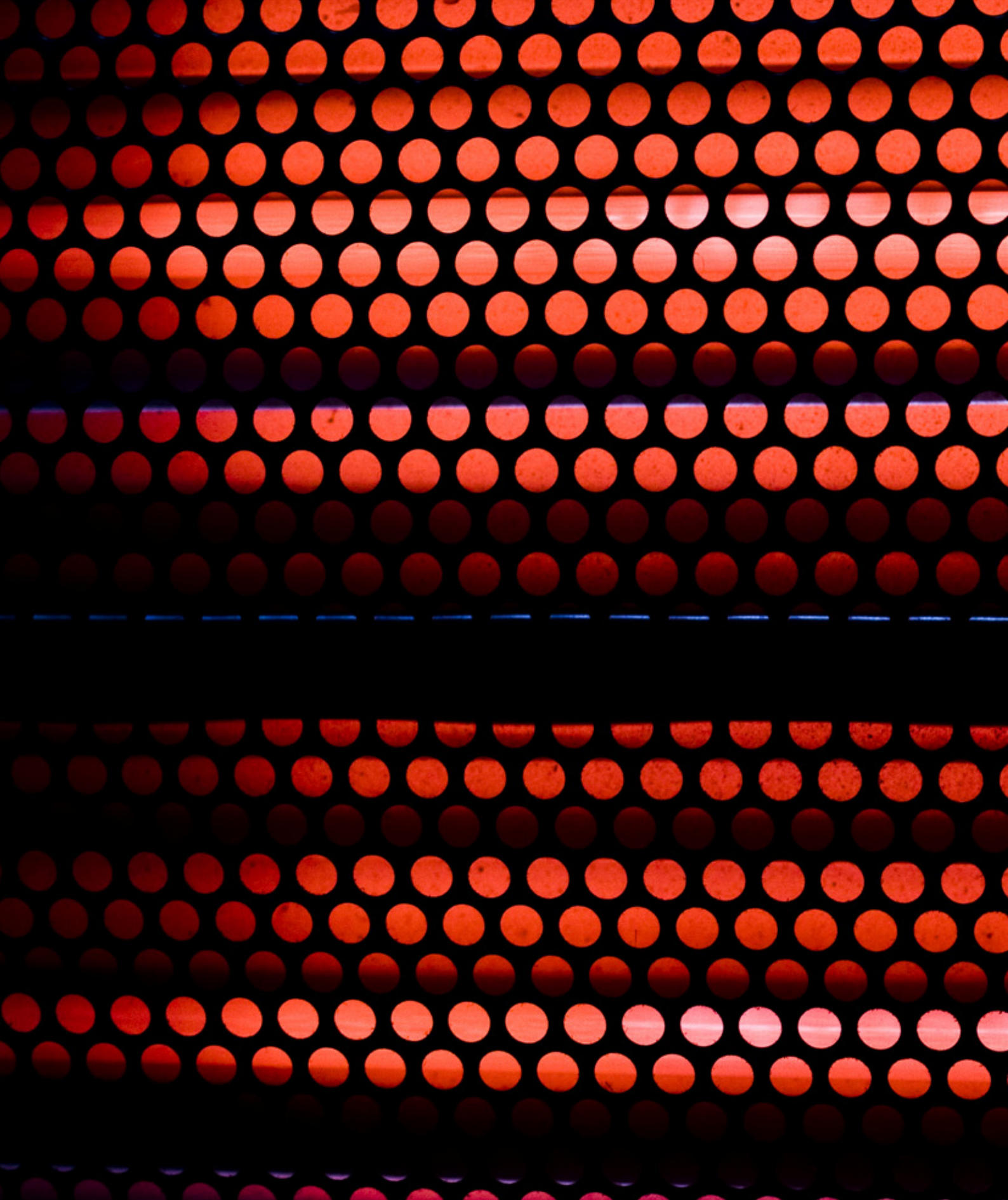




**heloPeople**

MEET DANIEL, LISA, PEKKA AND SOFIA



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04 individuals with captivating lives





# 04

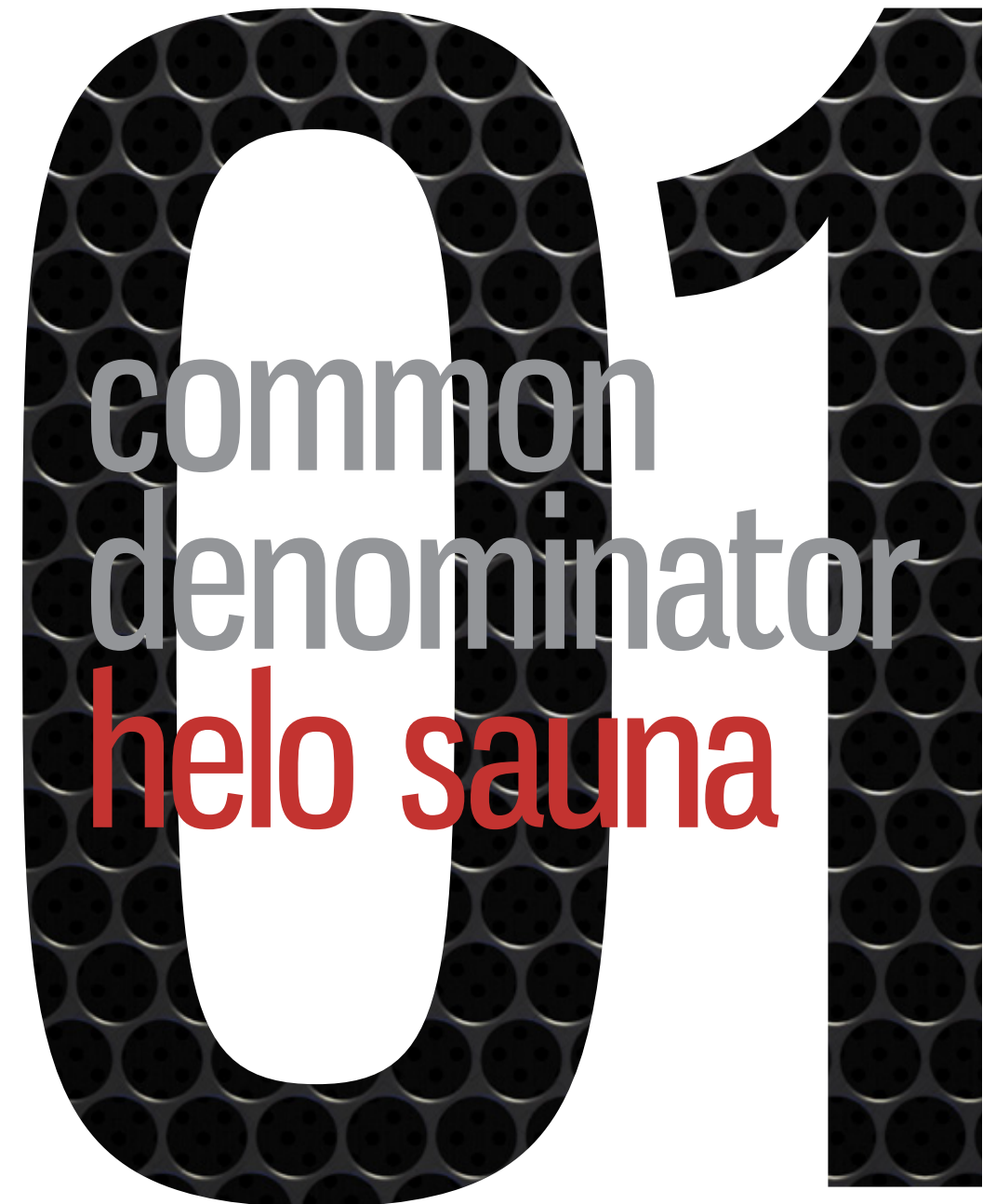
## individual lives

A wise person once said that the best part of life is not just surviving, but thriving with passion, compassion, humour, style and kindness. Living life to the fullest is a truly individualistic pursuit. These are the life stories of Daniel, Sofia, Lisa and Pekka – four individuals from distinctly different walks of life. With a natural high on life, they enjoy the spirit of their Nordic lifestyle to the full.

Although they lead very different lives, Daniel, Sofia, Lisa and Pekka all share a passion for an active lifestyle. Every day they make a choice to pursue and explore their heart's desire, whether in the form of sports, aesthetics, relationships or business. Getting the most out of life is an art form, and it takes ambition, guts and stamina. Making the right choices is the key to a happy, successful life.



Staying on top of the game and living life to the full requires a balanced state of mind. Setting aside personal time for reflection and renewal is a key part of their everyday routine – and one passion that all four have in common is the daily ritual of a soothing hot sauna. Here they can unwind and truly be themselves in preparation for meeting the challenges of a brand new day.







# SAUNA CABINS

The genuine helo experience comes in many sizes, shapes and styles—each a singular expression of quality, expertise and design. So which one is right for you? You want a sauna cabin to become a seamless part of your every day home life—which means considering structure and performance specifications as well as aesthetics. In the next few pages, you will be introduced to many of our cabin layouts and options. Whatever your choice, each offers the comfort, dependability and well-being only a genuine sauna from helo can provide.

In some cases, helo sauna cabins can be modified to accommodate any special needs or requests you might have. If you have any questions, please do not hesitate to contact the helo representative in your area.



# Sauna cabins

## MASSIVE LOG OR ELEMENT CONSTRUCTION

There are two basic sauna constructions you can choose from. Each provides different structural advantages, which can be useful to know before choosing a cabin style.



### Element sauna

Element saunas are solidly constructed with wood panelling that “locks” together thanks to tongues and grooves on the inside and outside of individual panels.

#### ADVANTAGES OF THE ELEMENT SAUNA

- You have many options for the type of wood used for panelling, both inside and out
- Prefabricated wall elements are easy to assemble and install. The entire sauna can be quickly disassembled and reassembled when you move as well
- Deep 70-80 mm wall thickness and high quality insulation keep heat in longer, minimising leaks and requiring less energy
- No nails are visible to detract from the visual appeal or safety of your element sauna cabin



Natural cork insulation and a steam barrier between the inside and outside panels ensure excellent temperature stability.



Refers to spruce and hemlock.

### Massive log sauna

In a massive sauna, the walls are made of solid, interconnected wood planks. The precision of the locking system means no other material is needed for insulation—the wood is all that’s needed to maintain stable temperatures.

#### ADVANTAGES OF THE MASSIVE LOG SAUNA

- The natural insulation qualities of the wood create a softer and gentler heat than is normally found in element saunas
- High quality material in wall and ceiling creates a very cosy, inviting look and feel
- All elements are prefabricated, making assembly and installation easy
- Wood planks are specially treated and designed to prevent warping from heat or moisture
- Wall thickness between 44 – 58 mm means less bulk and material, but still excellent heat trapping properties



No other material is needed for insulation due to the precision of the locking system.



Refers to spruce.





Exclusive: The EDGE massive log sauna unites the visionary.

# EDGE

The EDGE massive log sauna unites visionary design with exclusive lifestyle equipment. This premium sauna cabin has a futuristic and very aesthetic appearance and impresses at the same time with its high functionality and particular comfort. The large glass areas, an all-glass door with no threshold and the frameless integrated glass corner make the EDGE pleasantly transparent, bright and very inviting. In this sauna you will enjoy many lovely and relaxing hours with your family with no feeling of being cooped up.

## 100 percent premium

Apart from its unusual design, the EDGE impresses with its sophisticated mix of materials and extra-class equipment. 58 mm thick log planks of fir wood with few knots in the wall and ceiling guarantee a genuine Finnish sauna feeling. Decoratively integrated, the powerful ROCHER column heater represents a further highlight. Invigorating steam is generated by pouring water on its 100 kg of sauna stones. The luxurious interior furnishings made of light-coloured aspen feature extra-wide benches.



The EDGE's extraordinarily comprehensive comfort equipment offers pure luxury

### SHORT OVERVIEW

- Interior walls and ceiling made of 58 mm thick fir wood
- Perfect feeling of spaciousness thanks to the all-glass façade with a glass door with no threshold, frameless glass corner and fixed smoked glass element in the bench area.
- 'Floating' bench design in aspen with six backrests that can be freely arranged and positioned
- Indirect lighting by two RGB tiles and an LED 'starry sky'
- Innovative sound system with radio and USB interface for MP3 players and Smartphones; media board on the outside of the sauna

The large glass areas of the EDGE create a pleasant feeling of spaciousness!



### RECOMMENDED SAUNA HEATERS

The powerful ROCHER sauna heater with a capacity of 100 kg of sauna stones is perfectly integrated into the interior. This energy-efficient 'tower of power' provides for even heat right into every corner of the cabin.



### FLOOR PLAN ILLUSTRATION

The EDGE is available in four different sizes, as a result of which the sauna can be integrated in virtually any spatial environment. The comfortable benches in light-coloured aspen wood are each 70 cm wide. You can enjoy unrestricted lying comfort thanks to the six ergonomical backrests, which can be freely arranged and positioned.

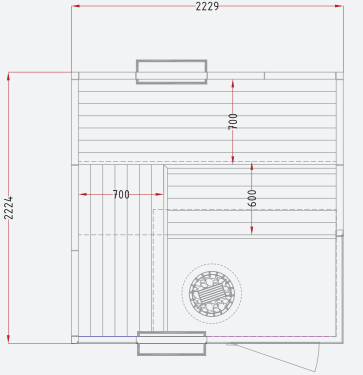






Illustration shows cabin with special equipment.

# COMFORT

Everything about COMFORT sauna cabins says welcome. Its golden interior is a constant invitation, promising genuine warmth and cosiness through the dual-wall glass panelling. There's a real sense of roominess too; unimpeded sight lines, three-level interior, wide, easily-moveable benches... All complemented by a stylish yet deceptively powerful sauna heater that sets the ideal conditions for relaxation within minutes.

## Simply stylish

With its subtle aesthetic touches, COMFORT has a look all its own. Notice the elegance of the large glass panels without a corner post. Or the sleekly convenient extra-large door handle and soft splash of light from the integrated ceiling fixture. COMFORT is as much about what you don't notice as what you do.



### SHORT OVERVIEW

- 19 mm fir massive wood panels on all 4 interior walls and the 2 visible exterior walls create a sense of elegance that spreads to the whole room
- Clean ESG glass fronts with no corner post and door provide a seamless design feel
- Triple level interior for maximum comfort, the lowest level in premium near-knotless
- Solid water-resistant aluminium base frame to protect your investment
- Moveable ergonomic backrests and bench aprons let you customise the look and feel of your COMFORT
- Available in your choice of three standard layouts



Sophistically integrated ceiling lighting provides a soft splash of calming light

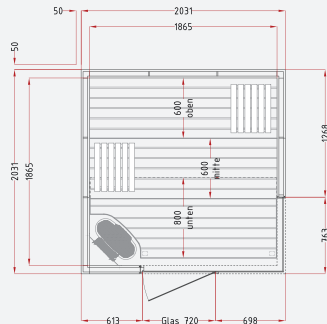
### RECOMMENDED SAUNA HEATERS

The CAVA sauna heater distributes 9KW of heating power to 30 kg of hidden sauna rocks. Soap stones provide an elegant cover for the stones, combining with the modern stainless steel heater shell to give substance an added lift of style.



### FLOOR PLAN ILLUSTRATION

COMFORT offers three layout options, making it easier to find one that works best for you and your home. Each is easy and convenient to install, letting you enjoy the genuine sauna experience as quickly as possible.genießen können.





CRABTREE & EVELYN

FAMILY  
RTHA STEWART

MEET  
LISA

ISTANBUL

WHOLE FOODS MARKET

MULBERRY

My life.  
Making it glow.

VESPA

ROYAL HORTICULTURAL SOCIETY

ORGANIC PRODUCE

YOGA

TRICIA GUILD

NEW DELHI

“For many years, I was what you might call ‘a seeker’. Today, my life exhilarates me. How come? Simple! Surrounding myself with the people I love makes me feel at home – wherever I am. Gathering around the Fonda Duo heater – my family’s contemporary campfire – gives us the privilege of simply enjoying one another’s company.”

FOLLOW LISA'S BLOG AT [WWW.HELO-SAUNA.DE/LISA](http://WWW.HELO-SAUNA.DE/LISA)







Illustration shows cabin with special equipment.

# CUPREME

CUPREME is a spaciouly-stylish option that brings the positive benefits of sauna to a whole new level. Designed to provide individual pockets of temperature preference, CUPREME's aspen interior is perfect for enjoying the gentlest sauna climate possible with no bracing temperature changes. Clean and classic on the outside yet deceptively roomy inside, CUPREME makes sharing a soft, soothing sauna with family and friends impossible to resist.

## Perfect climate

Thanks to the powerful ROCHER sauna heater, which holds 100 kg of sauna stones, the CUPREME creates optimum conditions for relaxing. The mild heat is reflected only by high-quality woods and the stones. Enjoy the gentle temperature build-up and the typically Finnish pouring of water on the stones in your wellness oasis in your own home..



### SHORT OVERVIEW

- Highly-flexible space-saving sauna that can be integrated perfectly into your wellness environment in 11.6 cm grid steps.
- The interior walls and the ceiling made of 58 cm thick fir wood reflect the heat without additional insulation and with minimal use of materials
- Two natural wood exterior walls as well as two walls with shiny white fronts or alternatively dark wenge décor board cladding emphasise the elegant design
- The generous glass front with the large, glass door with its striking metal handle and no threshold conveys a feeling transparency and exclusivity
- The extremely durable construction with warp-free massive log planks provides for many years of trouble-free and perfect sauna enjoyment

"The place where my family and I feel most comfortable is in the sauna. The whole family meets in the sauna. That way we stay fit and healthy."



Massive log sauna for a traditional feeling of quality.

### RECOMMENDED SAUNA HEATERS

The powerful Rocher sauna heater is the ideal match for CUPREME. It can be installed anywhere in the sauna, providing even heat from its 100kg of Finnish stones to every corner of the cabin.



### FLOOR PLAN ILLUSTRATION

With CUPREME, you choose the sizing and proportions of your personal sauna in 11cm increments. We custom-produce your sauna according to your exact specifications. We can also help you measure your space onsite and make appropriate recommendations.

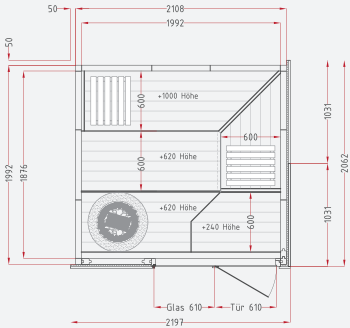






Illustration shows cabin with special equipment.

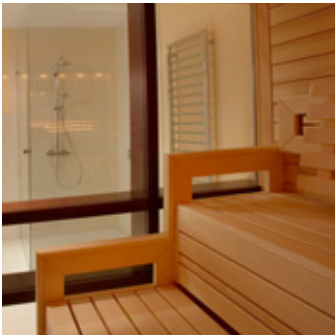
# LÉGER

Unusual design effects characterise the visual appearance of the LÉGER, which integrates itself perfectly into exclusive living and bathroom landscapes. The all-glass front with its massive wooden frame of dark thermally modified beech wood in a framework look lets the high-quality Supreme interior fittings positively float, giving rise to a French-like lightness. Thus the LÉGER presents itself as the perfect wellness oasis for the whole family..

## Aesthetic contrasts

Premium design and high-quality materials merge in the LÉGER into an aesthetic combination that makes every visit to the sauna an experience. The decorative visible face of the sauna, which is fully clad in high-gloss, darkly painted glass, including the massive door, starkly contrasts the light-coloured aspen wood of the interior fittings. Painted glass is being used for the first time in sauna construction by helo.

Benches and backrests made of aspen with matching seat cushions invite you to relax and switch off any time.



### SHORT OVERVIEW

- 58 mm thick log planks of fir wood with few knots make for a wonderfully gentle sauna climate in the LÉGER without great changes in temperature
- The all-glass front made of ESG safety glass gives you an unsurpassed feeling of spaciousness, which contributes considerably towards relaxation and well-being
- The striking framework elements of dark thermally modified beech wood serve both inside and out as a practical shelf for your sauna and bath utensils
- The Supreme interior fittings of light-coloured aspen wood are of high quality and are at the same time ergonomically unsurpassed and offer you increased sauna comfort thanks to backrests that are movable and can be tilted to different angles.
- As an alternatively to the LÉGER with fir log planks, a less expensive version made of Nordic spruce wood is available
- Choice of three different floor plans



The ROXX design sauna heater ensures a perfect climate.

### RECOMMENDED SAUNA HEATERS

The ROXX design sauna heater ensures a perfect climate with 6 or 8 KW (depending on the size of the sauna). Its modern industrial design in brushed stainless steel decoratively presents almost 40 kg of sauna stones, which ensure a pleasant sauna climate and long-lasting heat storage.



### FLOOR PLAN ILLUSTRATION

Select your LÉGER from three standard widths and combine it with the individual depth dimension in 11.6 cm steps to design your personal dream sauna. Your helo dealer will be pleased to advise you.

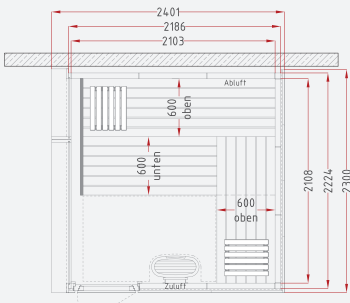






Illustration shows cabin with special equipment.

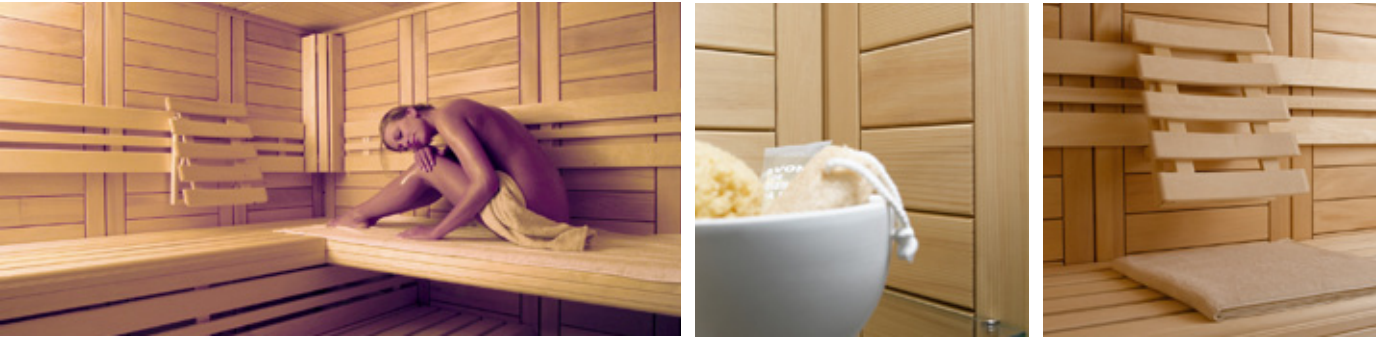
# SUPREME

SUPREME truly lives up to its name. Available in a wide range of configurations and sizing options, SUPREME makes it easy to plan a personal oasis for the senses. A massive log sauna, SUPREME’s near-knotless fir walls and aspen interior regulate an ideal sauna climate with no added insulation. At the same time, these materials combine with glass doors and windows for an aesthetic impression that is pleasing in every sense.

## Harmony your way

SUPREME is a centre for well-being that gives you more freedom to make best use of the space you have. It can be tailored with outer shelves or bathrobe hanging space if you prefer. And its combination of soft-coloured fir and glass creates a modern look that will fit in well with almost any room.

Bench and back rest in aspen with matching bench cushion is an invitation to relax and unwind anytime.



The SUPREME system gives you excellent flexibility in determining the size of your sauna. Configurations are available from 129 to 269 cm, with increments in 11 cm steps. Width and depth dimensions can also be combined, giving you a free hand to plan a stylish, high-performance sauna wherever it suits you best.

### SHORT OVERVIEW

- Massive log sauna is easy to assemble and is guaranteed warp-resistant, providing many years of trouble-free sauna experiences
- Light aspen interior is soothingly elegant, comfortable and easy to clean. Customize the interior with a wide range of accessories such as back rests and bench aprons
- Special outer cabin options such as glass shelving and robe-hanging space help keep your sauna area stocked, organised, and always ready for visit
- Size according to your needs in 11 cm increments

58 mm near-knotless fir for the walls and ceiling is solidly beautiful, and softens the interior climate for stable, soothing heat



### RECOMMENDED SAUNA HEATERS

Compact, powerful and modern – the RING WALL provides for a typically Finnish sauna climate. Its basket of decorative stainless steel rings takes up to 37 kg of sauna stones. The RING WALL is available both with an integrated controller and prepared for the use of an external controller.



### FLOOR PLAN ILLUSTRATION

One of the many SUPREME layout options available to you in 11 cm increments. If you prefer, our technicians can reproduce layout drawings for you—for more information, contact your local helo dealer.

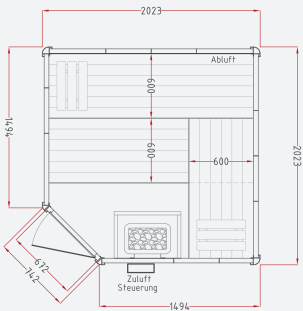






Illustration shows cabin with special equipment.

# FINESSE



The massive wooden walls of the Finesse series are manufactured in Nordic spruce in FSC 100% quality.

FINESSE is a high concept series of sauna cabins emphasising quality design and precision craftwork. The spruce used in our FINESSE configurations is toughened by its Nordic origins—making it ideal for withstanding high temperatures. Natural good looks and quality design, available in three unique interpretations, lets you recreate the genuine sauna experience in a modern and highly appealing way.

## Good things come in threes

FINESSE is available to you in three intelligent and highly aesthetic configurations. Princess adds elegance with its seven corner rounding. Royal includes a multi-layer interior and thoughtful outer cabin features such as shelving and robe-hanging space. Relax has depth and comfort to spare with its inverted cone layout.

### SHORT OVERVIEW

- Massive log saunas in 58 mm natural wood planks are easy to assemble, beautiful to look at and able to withstand the internal tensions created by heat and humidity
- Quality Nordic spruce construction combined with glass doors and specialty windows create a traditional yet unique look
- Extra roomy benches in either 50 or 60 cm, depending on the chosen configuration
- Lots of headroom with an external height of 202 cm
- Plenty of options with sizing choices from 129 to 269 cm in increments of 11 cm

Each design includes head rests, duck board, heater guard rail, back rests, bench aprons, light units and wiring cable—everything you need



Structure of our laminated system. Wood reacts naturally to variations in temperature and humidity with stresses and movement. Enormously high forces result that can lead to the cracking of the wood in the normal case. Our unique laminated system neutralises these forces and protects so your investment, so that you can enjoy the genuine sauna experience over many years.

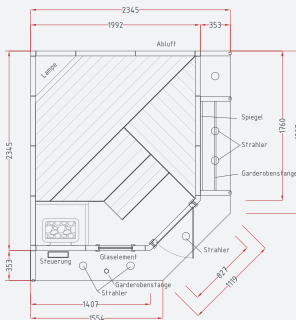
### RECOMMENDED SAUNA HEATERS

The RING WALL is an excellent choice. It captivates above all by the geometrical form of the housing, which presents the loosely stacked 37 kg of sauna stones very attractively. Its other strengths are gentle steam and a pleasantly mild heat.



### FLOOR PLAN ILLUSTRATION

Part of the beauty that is FINESSE is that it can be sized in 11 cm increments and laid out in so many distinct ways.







# My life. Making it count.

"I'm enormously proud of my Finnish heritage. Quality, sincerity and diligence are characteristics I always look for, in others as well as in myself. Leaving my mark - not necessarily by what I accomplish, but through the man I try to be. Whatever and wherever life brings me, my Saunatonnttu sauna equips me for it. It makes me feel strong and ready."

FOLLOW PEKKA'S BLOG AT [WWW.HELO-SAUNA.DE/PEKKA](http://WWW.HELO-SAUNA.DE/PEKKA)







MOCCA

Let yourself be captivated by the aesthetics of the MOCCA, which excites all your senses with its material mix of light-coloured fir woods and dark thermally modified beech wood. The exclusive design is emphasised by the vertically arranged massive log planks. Combine three standard widths with individual depth dimensions in 10.5 cm steps and design your own personal wellness oasis.

## Harmony and relaxation

The impressive appearance of the MOCCA is emphasised by the generous all-glass front, which permits a view of the unusual interior fittings. Exclusive, ergonomically formed sauna chairs and stools invite you to put your feet up and enjoy the gentle heat of the sauna heater, which is integrated into the interior fittings.

"I reward myself for my hard work during the week with an ice hockey match and relaxation in the sauna at the weekend - that is quality of life."



## SHORT OVERVIEW

- The MOCCA is a solid wood construction with 44 mm thick log planks of selected fir wood with few knots; vertically mounted and optically divided in the centre of the wall by a horizontal line – an inspiring, highly appealing design
- The harmony of the all-glass front made of ESG safety glass is underlined by the decorative metal fittings and the striking, large stainless steel handle
- The subdued, indirect lighting emphasises the aesthetics of the MOCCA and conveys a feeling of cosiness. It is supplemented by impressive light effects created by the glass front, which is backlit by LEDs
- Due to the log plank element construction, the sauna is absolutely free from warping and requires no retightening
- As alternatives to the MOCCA made of fir wood with few knots and exclusive interior fittings, there are less expensive versions made of high-quality polar spruce and with classic L-shaped interior fittings



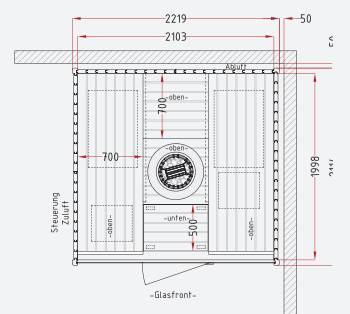
## RECOMMENDED SAUNA HEATERS

The RING design sauna heater with a heating power of 6 or 8 KW (depending on the sauna size) impresses with its decorative steel ring cage, which can hold 60 kg of stones. The secret of its pleasantly gentle steam lies in the heating elements, which extend over the entire height of the heater and heat up even the upper stone layers.



### FLOOR PLAN ILLUSTRATION

The MOCCA is available in three standard widths. Thanks to the individual depth dimensions in 10.5 cm steps, you can put together your ideal tailor-made solution very simply. Your local helo dealer will be pleased to help you assemble your ideal solution.







# My life. Making it rock.

“I want my life to capture me – my senses, my emotions, my passions. That’s why I choose to lead a life on the go. My enthusiasm and curiosity constantly inspire me to broaden my horizons, grab life by the horns and ride it. Hard! For me, the cheerful appeal of bold red Fonda was love at first sight. And as with every great love affair, it makes me slow down, stop and smell the roses.”

FOLLOW SOFIA'S BLOG AT [WWW.HELO-SAUNA.DE/SOFIA](http://WWW.HELO-SAUNA.DE/SOFIA)







# AMBIENTE



The massive wooden walls of the Ambiente series are manufactured in Nordic spruce in FSC 100% quality.

The modern design of the AMBIENTE massive log sauna captivates by its vertically arranged log planks. Apart from the attractive appearance, this unusual construction principle makes extremely flexible dimensions possible, allowing the AMBIENTE to be integrated optimally into virtually any room situation. You have the choice of more than 100 different floor plans. The all-glass doors with no threshold can be supplemented by an attractive all-glass front, in addition to which there is a choice of numerous powerful sauna heaters.

## Extraordinary design

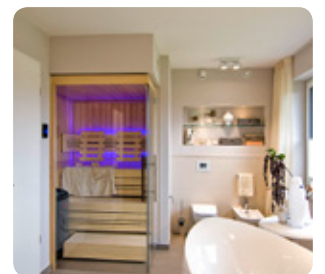
With its vertically arranged massive log planks, the AMBIENTE offers refreshing new perspectives and a modern appearance that integrates itself perfectly into modern bathroom landscapes. Even integration into pitched roofs is possible with this sauna. The interior fittings, with three benches and an intermediate wall cladding made of high-quality obeche wood meets even the highest demands for comfort with regard to the quality of materials and workmanship.



## SHORT OVERVIEW

- The AMBIENTE can be adapted individually to the actual room situation in 10.5 cm steps. Special dimensions such as installation under pitched roofs or in corners are also available as options.
- The solid construction of 44 cm spruce log planks in the wall and ceiling provides for an even and mild heat that allows you to fully relax.
- Depending on the size of the sauna, the obeche interior fittings consist of 3 benches with a width of 50 or 60 cm and an intermediate bench cladding. Sufficient space for the whole family.
- In addition to the standard all-glass door with clear glass and no threshold, various glass elements, glass corner elements with door or window elements are available as options. So you can design your personal AMBIENTE entirely as you wish.

Sauna in the smallest space – thanks to individual bespoke production, the helo AMBIENTE can be fitted almost anywhere



## RECOMMENDED SAUNA HEATERS

CUP chrom – the compact heater fits right in with your sauna. Its aerodynamic top and duo aluminium/zinc shell optimise heat generation and distribution. Requiring 20 kg of stones, CUP chrom is small enough to be accessible yet out of the way in every sauna and still produce an even, soft climate.



### FLOOR PLAN ILLUSTRATION

AMBIENTE is custom-made in 10 cm increments for your one-of-a-kind design with true soft-climate sauna experience. Bring your ideas to your local helo dealer in your region—and see how easy and cost-effectively they can become reality.

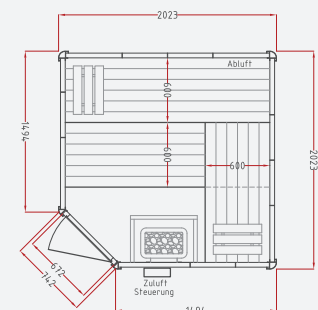






Illustration shows cabin with special equipment.

# CASA



The massive wooden walls of the Casa series are manufactured in Nordic spruce in FSC 100% quality.

It is an absolute classic in the premium massive log cabin range – the CASA delights fans of the traditional sauna culture with its stable and warp-free construction as well as the carefully crafted details. Thanks to its external height of 207 cm and all-glass door with no threshold, it offers perfect relaxation and a luxurious feeling of spaciousness. Whether you choose a CASA with a front entrance or a corner entrance – you will be making a good choice in every case.

## Nature at the focal point of the design

The CASA embodies natural quality all round: The wonderfully cosy massive fir wood log planks and the extensive interior fittings in light-coloured obeche wood create a feeling of well-being that only a massive log sauna can offer. The CASA can be adapted precisely to your personal wishes by numerous accessory options such as decorative glass elements or a lighting ring with downlights.

### SHORT OVERVIEW

- Massive log construction with 44 mm Nordic spruce planks—beautiful to look at, easy to work with
- Light abachi wood interior, stays remarkably comfortable even for sensitive skin regardless of temperature
- Enjoy the luxury and the feeling of spaciousness of an all-glass door with clear glass and no threshold
- High comfort when lying and sitting thanks to three benches with a width of 50 or 60 cm depending on the size of the sauna, an intermediate bench cladding, two backrests and two head wedges



Backrests, headrests, duck board, heater guard rail with two sides, bench aprons, sauna light unit, silicone cable— all automatically included with your CASA sauna



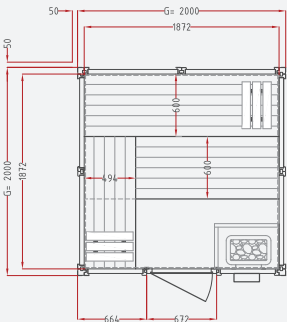
### RECOMMENDED SAUNA HEATERS

CUP chrom – the compact heater fits right in with your sauna. Its aerodynamic top and duo aluminium/zinc shell optimise heat generation and distribution. Requiring 20 kg of stones, CUP chrom is small enough to be accessible yet out of the way in every sauna and still produce an even, soft climate.



### FLOOR PLAN ILLUSTRATION

CASA comes in 16 popular layout options. Shown here: Compact square, a staggered dual-level configuration for up to four people. Ask your local helo dealer or turn to the Technical Specifications pages for more options. Sie Ihren Händler vor Ort.





Sauna cabins



Illustration shows cabin with special equipment.

CISAGE



The massive wooden walls of the Cisage series are manufactured in Nordic spruce in FSC 100% quality.

A sauna made of massive log planks represents the crème de la crème in sauna construction. And the connection of log planks with large glass fronts offers unrestricted sauna enjoyment with an optimum feeling of spaciousness. And that is precisely where the CISAGE sets new standards with 45 mm thick log planks of polar spruce and an all-glass front with a door with no threshold. Alternatively there is a further version with an additional frameless glass corner. Massive wood for all – the CISAGE for the whole family.

Nature at the focal point of the design

Traditional log planks from selected woods of the polar spruce, which are well known for their special heat storage properties, provide for a pleasantly mild emission of heat and the authentic Finnish sauna feeling. The CISAGE's large glass areas, which elegantly emphasise the modern, transparent design, form an exciting contrast to the massive wood construction.



Glass areas on aluminium frames, ideal for damp rooms

Cosy and comfortable interior fittings



SHORT OVERVIEW

- Modern massive log design sauna made of 45 mm thick polar spruce in the wall and ceiling – simple and safe assembly thanks to the construction made of log plank elements
- For the trouble-free installation in damp rooms, all glass elements are mounted on an aluminium frame
- All-glass element with glass door with no threshold, alternatively also with frameless glass corner
- Maximum comfort thanks to two benches with a width of 50 or 60 cm depending on the sauna size, an intermediate bench cladding, 1 backrest and 2 head wedges
- Six sizes in the glass front and glass corner versions

RECOMMENDED SAUNA HEATERS

The double-walled SOFTHOT sauna heater with its extra-deep stone basket holds up to 40 kg of sauna stones. The free-standing device thus not only visually matches the modern design of the sauna, but also supplies a pleasantly mild sauna climate.



FLOOR PLAN ILLUSTRATION

Six different floor plans for each of the glass front and glass corner versions allow plenty of creative freedom for the positioning. Your local helo dealer will be pleased to assist you in the choice of your CISAGE.

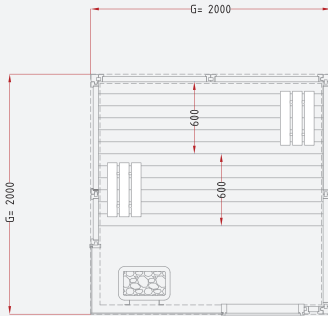






Illustration shows cabin with special equipment.

# VISAGE

Timelessly elegantly and classically beautifully – the VISAGE presents itself as a modern sauna for the whole family. Absolutely individual planning is possible thanks to a multitude of different floor plans in the equipment versions VISAGE glass corner, VISAGE glass front and VISAGE flex, each in the wood types Nordic spruce or light-coloured aspen. This element sauna also delights with its excellent workmanship and simple assembly concept. This sauna invites you and your family to relax and feel well again and again.

## Unbelievably variable

As a new-generation element sauna, the VISAGE exhibits a sheer unbelievable range of variants. Numerous different floor plans can be combined with various woods and designs such as wood front with glass door and glass corner, glass door with glass front or glass door with glass front and frameless glass corner. Beyond that there are also the front or corner entrance options for the VISAGE flex.

The interior fittings of the VISAGE are fully equipped with a high-quality finish

### SHORT OVERVIEW

- The VISAGE is a 72 mm element sauna with profiled 12 mm polar spruce or alternatively 12 mm aspen wood on the inside and outside. The interior of the element construction consists of energy-efficient thermal insulation and a professional vapour barrier.
- The decorative all-glass front with a glass door made of toughened safety glass with no threshold ensures optimum transparency and makes you feel right at home.
- The elegant VISAGE glass corner offers even more transparency through its glass front in combination with a frameless glass corner
- The classic wooden front of the VISAGE flex is emphasised by the glass corner. This sauna is alternatively also available with a space-saving corner entrance
- The cosy interior fittings, which are made of obeche wood for temperature-independent sitting and lying comfort, feature two or three benches with a width of 50 or 60 cm, depending on the model and sauna size
- The simple assembly of the prepared wall and ceiling elements ensures that the nothing gets in the way of fast sauna enjoyment.



### RECOMMENDED SAUNA HEATERS

The double-walled SOFTHOT sauna heater with its extra-deep stone basket holds up to 40 kg of sauna stones. The free-standing device thus not only visually matches the modern appearance of the sauna, but also supplies a pleasantly mild sauna climate.



### FLOOR PLAN ILLUSTRATION

Numerous standard floor plans in six different widths and six depths offer enormous flexibility for the planning of the VISAGE. As a further option there is a choice of five models with a space-saving corner entrance. Your local helo dealer will be pleased to give you further details.

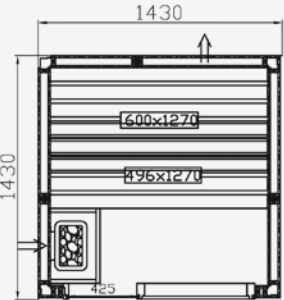






Illustration shows cabin with special equipment.

# VARIO CONCEPT



The massive wooden walls of the Vario Concept series are manufactured in Nordic spruce in FSC 100% quality.

VARIO CONCEPT is our most flexible sauna system. It offers more than 360 different sauna sizing options, and is purpose-designed to be adaptable to special areas and room shapes. But never at the expense of quality—all VARIO CONCEPT components are created using the very best materials, including solid wood. Some models can even be manufactured with sloping base frames or roofs and custom integrated glass. With VARIO CONCEPT, the sauna you want makes ideal use of the space you have.

## Always accommodating

Modern architects often take a creative approach, leading to unusual room layouts. VARIO CONCEPT is the system that complements their work, turning a “difficult” area into a useable centre for relaxation. With VARIO CONCEPT, a helo dealer comes to your home to help with the measurements and advise you on your options. Together, you can create a dream sauna that looks just as good as it feels.



### SHORT OVERVIEW

- Cladding with 16 mm “soft line” panels on all walls, not just on visible ones
- Efficient insulation with mineral wool and aluminium foil as vapour barrier
- Round-edged sauna benches in African abachi for maximum comfort; lower benches movable for easy cleaning
- Efficient ventilation system with duct vent, adjustable air flow
- Every board is blind fastened, no nails or screws are visible
- Custom-size your VARIO CONCEPT in increments as small as 8.5 cm

Supplied with complete internal trim in abachi softwood, as well as benches, headrests, backrests, duckboard, bench aprons, heater guard rail and light unit



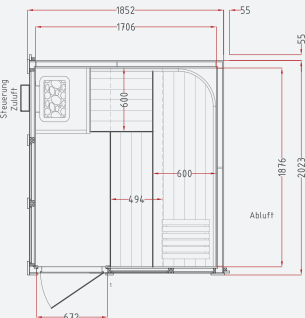
### RECOMMENDED SAUNA HEATERS

The RING WALL is an excellent choice. It captivates above all by the geometrical form of the housing, which presents the loosely stacked 37 kg of sauna stones very attractively. Its other strengths are gentle steam and a pleasantly mild heat.



### FLOOR PLAN ILLUSTRATION

Customised VARIO CONCEPT saunas are easy to integrate in any area of the home. Thanks to sizing increments as precise as 8.5 cm, your personal wellness centre can make a style and relaxation statement out of almost any unused space, giving you many more interior planning options.





VAL D'ISÈRE  
WOOD BURNING SAUNA  
DIY



JEEP WRANGLER  
RAYBAN

MEET  
DANIEL

PATAGONIA



TREKKING  
RECYCLING



My life.  
Making it happen.

CONVERSE



WWF

SATURDAY SURF NYC

K2 BIKES

VANCOUVER ISLAND



"If I had to sum up my life in just three words, they would probably be: harder, better, faster. I'm a go-getter and my true passion in life is to make things happen – whether it's in business or in my leisure time. 'Make things happen' is my motto. The Kastor Karhu sauna is all I need to relax, refresh and revitalise. I'm once again ready for the next challenge."

FOLLOW DANIEL'S BLOG AT [WWW.HELO-SAUNA.DE/DANIEL](http://WWW.HELO-SAUNA.DE/DANIEL)







Illustration shows cabin with special equipment.

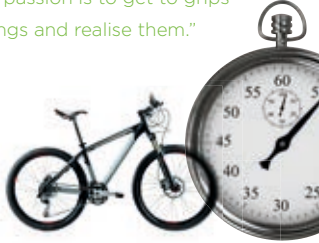
# MAALI

The ingenious prefabricated building concept of the high-quality MAALI outdoor sauna will delight you and your family. Since the MAALI is delivered fully assembled on a trailer and lifted with a crane onto the prepared foundation in your garden, you can enjoy the perfect Finnish sauna fun and the exclusive ambience of your premium sauna just a few hours after delivery. And best of all: there are no trampled-down lawns and no devastated rose beds – thanks to the MAALI your garden remains undamaged.

## Exclusive design – perfect workmanship

The high-quality choice of materials and the harmonious design of the MAALI continually fascinate. The aesthetic appearance of this wellness oasis for your garden is emphasised by the contrast of the exterior walls in modern sade grey to the thermally modified wood bar claddings on the doors and windows. While taking a sauna, enjoy the view of your garden thanks to the generously-sized glass front whilst still being protected against your neighbours' prying eyes.

"I always look for the best and my true passion is to get to grips with things and realise them."



### SHORT OVERVIEW

- Massive 70 mm log planks of high-quality polar spruce, untreated in the interior, provide for the typically Finnish, mild sauna climate
- The luxury 'SWING' interior fittings, with which all details are designed for maximum ergonomics, pamper your senses with optimum comfort and unsurpassed elegance
- The sauna room and the anteroom are fitted with a noble, parquet-like floor of high-quality thermally modified wood
- The integrated lighting column shines a cosy indirect light and in doing so does its bit to ensure that each sauna visit raises your physical and mental well-being
- A feeling of inviting transparency is conveyed by the window in the sauna room, the glass door of the sauna and an additional window in the anteroom (type 1 and 2)
- There is a choice of three versions of the MAALI with different sizes and executions – but whichever model you choose, it will always be a good choice
- The Maali is available in three versions that differ in size and execution. Beyond that the MAALI FAMILY model offers the possibility – thanks to the untreated sauna house – to give the sauna a personal touch by painting it



### RECOMMENDED SAUNA HEATERS

Decoratively integrated in the sauna room of the MAALI, the RING design sauna heater ensures a genuine Finnish sauna atmosphere with a power output of 6 or 8 KW, depending on the sauna size. 60 kg of sauna stones and heating elements that extend over the full length of the heater provide for mild steam generation when pouring water on the stones.



IN ORDER TO MEET THE DIFFERENT REQUIREMENTS WITH REGARD TO SPACE AND EQUIPMENT, THE MAALI IS AVAILABLE IN FOUR DESIGNS:

**TYPE 1 WITH PATIO AND ANTEROOM**  
External dimensions incl. patio 400 x 400 x 250 cm

**TYPE 2 WITH PATIO AND ANTEROOM**  
External dimensions incl. patio 400 x 205 x 250 cm

**TYPE 3 WITH PATIO**  
External dimensions incl. patio 314 x 205 x 250 cm

**TYPE MAALI FAMILY WITH PATIO AND ANTEROOM**  
External dimensions incl. patio and anteroom 400 x 400 x 250 cm





## SAUNA HEATERS

At the heart of every genuine helo experience is its heat. helo heaters are uncompromising in their design; aesthetically striking, yet powered by the world's most advanced sauna heater technology. Every model is purpose-designed for optimum performance, with more sauna rocks in direct contact with heating elements. The result is softer, gentler heat and comforting steam—you can really feel the difference.





# ROCHER

Our high capacity ROCHER sauna heater really makes a statement. Holding up to 100 kg of genuine Finnish sauna stones, ROCHER radiates soft, even heat from top to base. Despite its handsome open basket design, ROCHER can be installed in a corner, along a side wall or in the middle of the sauna. For an added design touch, you can also sink ROCHER into a lower bench and fit it with a glass or soapstone collar, either of which can be backlit to stunning effect. Thanks to its high capacity the ROCHER is ideally suited to larger sauna rooms, where its mild and at the same time pleasantly intensive heat spreads into every corner of the cabin.



## 100 kg of pure comfort

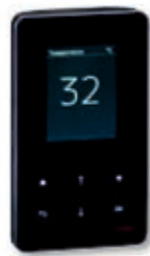
A ladle of water splashed on its 100kg of heating stones, and ROCHER responds with a purity and soft intensity that is impossible to resist. Its brushed steel brazier shell puts the stones in relief for an added dimension of pleasing genuineness.

### SHORT OVERVIEW

- Greater exposed stone surface distributes heat evenly and provides soft, luxuriating steam in every direction
- With the longest heating elements of any heater on the market, more stones are in direct contact—ensuring purer, more stable heat radiance and maximum pleasure
- The high quality, modern design of the brazier steel bars easily holds the weight of the stones and can withstand extreme temperatures, ensuring years of trouble-free performance
- ROCHER’s slim round form offers you many integration options—enjoy the purity of its design and function as a free standing heater, or sink it into a bench with backlighting for a dramatic effect
- Because of its high capacity, ROCHER is ideal in larger saunas—where it will provide soothing, yet gently-intensive heat to every corner of the cabin.
- Five-year full guarantee – so that you can lean back and relax

### HEATING ELEMENTS OVER THE FULL LENGTH

The ROCHER’s heating elements are longer than those of any other available heater. They are completely embedded in 100 kg of sauna stones and thus heat every single stone. The even distribution of heat and steam throughout the entire sauna is thus ensured.



### CONTROLLER

With the innovative T1 touch pad controller you can control each function of your ROCHER with a fingertip: Sauna temperature, timer and the sauna lighting. All functions are shown on the large display. The T1 controller is suitable for use both inside and outside the sauna.



Heating elements over the full length

SPECIFICATIONS			
Type	Power (kW)	Sauna size (m³)	Sauna stones (kg)
70 DE	6.8	5 - 9	100
90 DE	9.0	8 - 13	100
105 DE	10,5	9 - 15	100





CAVA

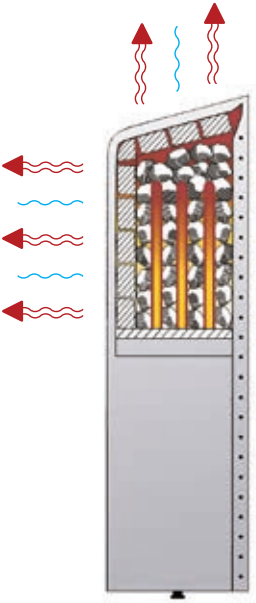
With its irresistibly smooth roundness, CAVA brings calming harmony to your sauna’s atmosphere. Flawless soap stone faces on top and at the front absorb, store and release the heat from the 30 kg of vulcanite stones behind them. This double step ensures evenly perfect warmth and moisture. With its traditional materials and feel and advanced heat distribution concept, CAVA is an ongoing invitation to relax and recharge in genuine style.

A climate of calm

CAVA’s “up and out” heat distribution system quickly sets the perfect climate for a genuine sauna experience. Because natural materials make up so much of its surface, CAVA integrates elegantly with its surroundings, letting you take even more pleasure in the calm of the setting.

SHORT OVERVIEW

- Dual-stage top and front heat distribution ensures quick yet gentle climate
- Holds up to 30 kg of high capacity core vulcanite stones for effective heat storage and radiance
- Attractive soap stone surfaces and rounded brushed steel shell set the mood for relaxation at a glance
- Available in 6kw or 9kw versions, letting you take advantage of CAVA whether your sauna is small or medium
- Easy-to-use control unit can be outfitted with an energy-saving cord and installed inside or outside the sauna
- Five-year full guarantee – so that you can lean back and relax



HEAT RADIATION

Heat radiates from the core vulcanite stones inside CAVA, storing in the soap stones above and to the front of them. The soap stones release the heat and soft steam evenly both up and out, giving a perfectly even and pleasant temperature in the sauna.

CONTROLLER

Surface or flush-mounted to the sauna wall, the DIGI-1 control touchpad makes everything from regulating temperature to adjusting the lights simple and convenient. Its 24 hour preset timer lets you preheat the sauna to when you are ready for it.



SPECIFICATIONS			
Type	Power (kW)	Sauna size (m³)	Sauna stones (kg)
6 DE	6.0	6 - 10	30
9 DE	9.0	9 - 13	30





# FONDA DUO

Sometimes you will want to enjoy the dry heat of a Finnish sauna, another time you might prefer the cleansing feeling of mild, rising steam or the invigorating element of pleasantly smelling sauna aromas. With the FONDA DUO you can have both – and any other climate you like in-between. Just select the desired temperature and humidity – the FONDA DUO controls everything else automatically. It lets you freely choose how you want to enjoy the sauna – just as you like.

## Enjoy the perfect sauna

Being spoilt for choice can be so pleasant – the FONDA DUO offers you every option for your desired climate. The integrated electronic temperature and humidity sensors automatically take care of the setting and monitoring of constant heat and humidity values. Whether dry sauna, steam bath, aroma sauna or warm air sauna – the FONDA DUO turns every sauna into a dream sauna.

### SHORT OVERVIEW

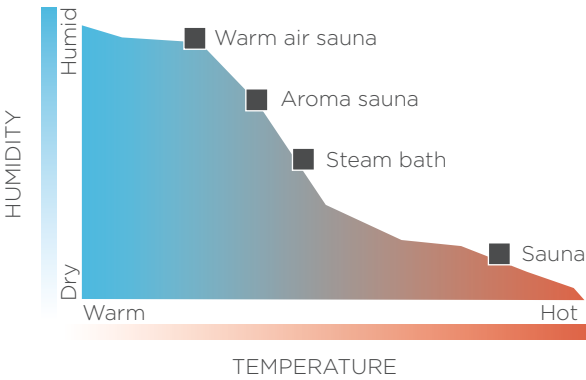
- Dimensions: 448 x 364 x 565 mm (width x depth x height), anthracite-coloured stainless steel housing – elegant, attractive and compact
- Holds up to 20 kg of sauna stones
- Simple mounting as a wall model or can be freely positioned as a free-standing model with optional feet
- Uncomplicated control elements enable automatic settings for temperature, humidity and sauna duration. All settings can be programmed simply and clearly using the integrated control elements or alternatively using the innovative T1 touch pad controller (optional).
- The automatic drying function provides for additional safety at the end of each use of the sauna.



FONDA DUO  
as wall model

### POSSIBLE SAUNA COMBINATIONS

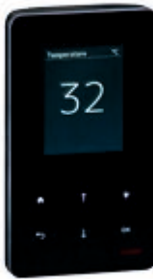
The range of combinations that you can experience with a single heater extends from traditionally dry and hot up to beautifully warm and humid.



SPECIFICATIONS			
Type	Power (kW)	Sauna size (m³)	Sauna stones (kg)
Fonda Duo 4.4	4.4	4 - 6	20
Fonda Duo 6.6	6.6	5 - 9	20
Fonda Duo 8.0	8.0	8 - 12	20

### CONTROLLER

The perfect combination with the FONDA DUO is the innovative T1 touchpad controller. With its flat, elegant housing, it can be mounted both outside and inside the sauna cabin. The T1 enables the very simple control and monitoring of all the functions of the FONDA DUO and also allows you to control the sauna lighting. The large LCD display provides clear information about all the preselected settings.







# FONDA

Compact, modern and powerful with available power ratings of 4.4, 6.6 and 8 KW, the FONDA is the perfect a choice for all fans of the original Finnish sauna tradition. With a stone volume of 20 kg it supplies gentle, relaxing heat and generates pleasant steam when pouring water on the stones.

## Perfect Finnish sauna enjoyment

The FONDA not only looks unbelievably good – it also ensures the typically Finnish climate in every sauna. Alternatively available with and without integrated controller and even usable as a free-standing appliance with the optional feet, the FONDA is extremely versatile in use.

### SHORT OVERVIEW

- Dimensions: 448 x 364 x 565 mm (width x depth x height)
- The modern, anthracite-coloured stainless steel housing is a real gem in every sauna cabin
- Available as a wall model or as a free-standing model with optional feet
- Alternatively available with integrated sauna controller or optimised for the innovative T1 and EC50 touch pad sauna controllers
- Stone volume up to 20 kg



### CONTROLLER

Modern and extremely user-friendly – the T1 touch pad controller is the ideal solution for the functional control of the FONDA sauna heater. Programming of the temperature in Celsius or alternatively in Fahrenheit as well as the timer in 12 or 24-hour format is done simply by tapping with the finger. The attractively shaped and flat T1 can be installed both inside and outside the sauna.

SPECIFICATIONS			
Type	Power (kW)	Sauna size (m³)	Sauna stones (kg)
DET*/ST** 4.4	4.4	4 - 6	20
DET*/ST** 6.6	6.6	5 - 9	20
DET*/ST** 8.0	8.0	8 - 12	20

\* for use with T1 and EC50 controller  
\*\* with integrated controller



# Something for everyone

The selection of your sauna heater from helo depends on the one hand on your personal taste and on the other on the functional requirements of the sauna cabin. With many cabins you have several possibilities. Your local helo dealer will be pleased to assist you if you require help in choosing the optimal solution for your sauna type and floor plan.

## HIMALAYA

HIMALAYA – the name of the legendary mountain range means ‘homeland of the snow’. Like its namesake, the secret of the helo HIMALAYA lies in the natural water cycle. Concealed inside the new sauna heater is a water container with the ingenious BWT technology, by means of which the humidity in the sauna cabin increases as the heater heats up the room. So when you lie on the bench in the sauna, the air is already pleasantly moist and you can feel the beneficial warmth on your skin.

HIMALAYA sauna heaters are designed for sauna cabins from 5-15 m<sup>3</sup>. helo Himalaya is controlled with the aid of new helo Trend controller..



## RINGO

The helo RINGO free-standing heater captivates by its extravagant stainless steel form. The deep stone basket reveals the loosely-stacked sauna stones. With an impressive stone volume of 70 kg, its high heating rods, its integrated controller with thermostat and timer and its adjustable feet, the RINGO is an eye-catcher in any sauna.

Stainless steel, 420 x 800 mm (ø x H). helo RINGO sauna heater for sauna sizes from 5-13 m<sup>3</sup>.



## VIENNA

The VIENNA model series is suitable for sauna sizes from 3 to 12 m<sup>3</sup>. The heater is very simple to install and impressive in use – and since it is mounted on the wall it doesn’t take up any extra space. Select the colour that best suits the design and ambience of your sauna. The weight of the sauna stones is 12 or 20 kg, depending on the heater power. With the 6 KW model you can adapt the size of the stone compartment to 12 or 20 kg as desired. A smaller quantity of stones heats up faster, while a larger volume pampers you with gently rising soft steam.

The heater has a built-in thermostat and a timer with 9 hours pre-heating time and 0-3 hours of running time.



## RING WALL

The new helo RING as a wall model is an excellent choice for all sauna users who value the practicability, classic appearance and pleasantly gentle steam of the natural stone heater. The heater gives you all these advantages and yet it requires a floor area of less than half a square metre – including the safety distances. The new helo RING initially captivates by its special appearance, the loosely stacked sauna stones and the geometrical form of the housing, which are perfectly matched to one another. A scoop of water becomes gentle and relaxing steam.

helo RING WALL: 445 x 335 x 525 mm (W x D x H); recommended stone volume 37 kg.



## HAVANNA

The heater is mounted on the wall so that you can use the space in your sauna to the optimum. However, it can also be mounted firmly on the floor with the optionally available feet. A practical dust collector under the heater is a clever option for your HAVANNA. And don’t forget: the HAVANNA is a genuine eye-catcher. With its stylish, jet-black design, the beautifully rounded corners and the steam vent on the top, it captivates by its noble, refined look. One of its unique features is the 3-stage stone grating, which can be adjusted for 20, 28 or 35 kg of sauna stones.

The series is suitable for sauna sizes from 3 to 13 m<sup>3</sup>.



## ROXX

The helo ROXX combines modern design with a large quantity of natural sauna stones. This impressive heater in a brushed steel finish generates soft steam or löyly. Heat is stored efficiently in the sauna stones. The helo ROXX is thus the preferred heater for löyly lovers. When water is poured on almost 40 kg of sauna stones, pleasantly natural, soft steam results. The helo ROXX can be installed on the floor or integrated into the interior fittings. The helo ROXX stands on adjustable feet that compensate unevenness in the floor. The heater is braced on the wall side in order to ensure additional safety. helo ROXX heaters are intended for sauna sizes from 5-13 m<sup>3</sup>.

The helo ROXX weighs 12.7 kg and the recommended quantity of sauna stones is 35-40 kg.





# SKLA LAAVA

Freestanding helo SKLA Laava heaters have been an industry standard for more than 25 years. Designed for large, commercial sauna rooms, Laava heaters are robust, easy to maintain and their 60 kg of stones create an attractively soothing sauna climate. Laava's separate control unit makes instant regulation of the heater's high capabilities very easy.

Graphite, 725x540x500mm (hxxwxd), Recommended amount of rocks 60kg. Check safety distances in the operating manual prior to installation and use.



# SKLA MAGMA

helo SKLA Magma is specially engineered for larger commercial saunas that require durable, powerful and cost-efficient heaters—without compromising on the rich steam and soothing sauna atmosphere. Available in a variety of models to suit different business needs, Magma heaters also offer a choice of traditional and digital control systems. All Magma heaters accommodate 120 kg of rocks, ensuring a genuinely ideal sauna climate for guests.

Graphite-coloured, 700x895x520mm. Holds a full 120 kg or stones. Check safety distances in the operating manual.



# TAIKA

The unusual design of the TAIKA sauna heater makes it the centre of attention in any sauna. The Finnish Top designer Ristomatti Raita was inspired by a witch with her pitch-black cauldron for magic potions and has created a sauna heater with a magical radiance. The free-standing TAIKA is 77 cm high and has an impressive diameter of 68 cm. 65 kg of sauna stones provide for an outstanding sauna experience, whose magic probably no-one can escape.

Colour: black. 77 cm (H) x 68 cm (ø). 65 kg of stones. Maintain safety distances according to the operating instructions.



## Deeper relaxation with sauna heaters from helo

The innovative and powerful sauna heaters from helo are the centre of attention in every sauna. If you love the unusual, then we would like to give you some suggestions for the individual design of your sauna with our installation examples below. Your local helo dealer will be pleased to assist you with the planning and realisation of special wishes for the decorative integration of the sauna heater into your sauna.



# Control units

Managing the temperature, timing and comfort features of your sauna should be as relaxing as the bath itself. Depending on the option you choose, helo sauna control units make it easy to regulate the climate, pre-heat the cabin so it's ready when you are or just soften the lights—all with a few simple taps on the touchpad.

## EC50

- Simple and comprehensive control of all sauna and steam bath functions
- Programming of start time and temperature as well as control of the lighting
- Countdown function from 0 to 10 hours
- Child-protection function via input code
- Discrete and elegant housing with LCD function display

SUITABLE FOR: Roxx, Cava, Ring, Rocher, Fonda



## KH 5

- 24 hour preset function — preheat your sauna
- One-touch temperature control
- Light switch
- Automatic safety switch-off after 6 hours

SUITABLE FOR: Rocher, Cava, Lumi



## MIDI

- Simple operation and installation
- Temperature setting ('+' and '-' ) in 5-degree steps.
- Mounting as built-in or attached device outside the sauna
- Low-voltage connection for DE-type sauna heaters
- 3 different frames included in the scope of delivery
- Heating time 6 hours

SUITABLE FOR: Rocher, Ring, Cava, Roxx, Ring Wall, Ferro, Apollo\*, Cup\*, Design\*  
\*In conjunction with a power booster.



## DIGI

- Simple and intelligent solution
- Digital control panel
- 24-hr preselection time
- Programming of temperature and time
- Sauna light switch
- Control of an external fan is possible. This controller is mounted flat on the wall outside the sauna.



SUITABLE FOR: all helo heaters from the D and DE series.

## T1 & T2

- Touch pad controller with various functions for sauna and steam bath
- Programming of timer, temperature and lighting
- Alternative display of Celsius or Fahrenheit and time functions in 12 or 24-hour mode
- Modern device design, suitable for mounting inside or outside the sauna cabin
- T2 features are the same as the T1, but with additional functions such as control of the heating program with a lead time of up to 23 hours.



SUITABLE FOR: Fonda, Fonda Duo, Ring, Roxx, Cava, Rocher, Laava, Magma



### FINNISH TRADITION

Finns have had an ongoing love affair with saunas for more than 1000 years. Who better then to lead in the innovation and design of modern sauna heaters?

helo's Finnish roots ensure originality and expertise are at the heart of every sauna heater we produce. Sometimes we collaborate with leading designers. Sometimes innovation is the exclusive result of our ongoing research and development. Either way, our experience and passion is your guarantee that every helo sauna heater is purpose-built to provide the very best and most genuine sauna experience available.





## THE PERSONAL TOUCH

At helo, we believe a genuine sauna experience is one that is matched to your personal comfort and style. That's why our long experience in sauna innovation is applied to every detail—from wood finishing to lighting, exclusive fittings, even water buckets. All designed to let you create a personal retreat with the quality levels and preferences that are just right for you.



The personal touch

# EQUIPMENT DETAILS

helo offers a rich selection of components with which you can configure your sauna individually both inside and outside. Many of them can be found on the following pages. Your helo dealer is at your disposal if you need help or recommendations.



## Interior fittings

Regardless of whether you have chosen a standard or a luxury sauna cabin from helo, there are many possibilities to turn it into your personal, inviting wellness oasis.

What they all have in common is first-class manufacturing quality, ergonomic intelligence and aesthetics that make every sauna experience a joy.

## Treat yourself

As you’ve made the decision to enjoy all the benefits of the genuine sauna experience, why not upgrade the interior with your own extra comfort touches? Quality-conceived with attention to both aesthetics and ergonomics, luxury interior furnishings and fixtures make your personal rejuvenation centre all the more inviting. Luxury interior packages include any or all of the options below:

### EXCLUSIVE LUXURY INTERIOR OPTIONS

- Design bench aprons in a range of comforting patterns let you create an exclusive look
- Matching design backrests handcrafted from carefully selected abachi wood look beautiful and feel comfortable on skin
- Reinforced benches with extra wide rounded edge slats enhance a feeling of solid quality
- Free-standing leg supports and large headrests, handmade and ergonomically sound, add to your interior’s inviting comfort and enhance the pleasure of your sauna experience
- Oversized heater guard rail protects adults and children alike against accidental skin burns



## Luxury interior: Swing

Swing is one of our best selling luxury sauna interiors, and with good reason: every detail is designed to maximise ergonomic benefits. Every softly rounded furnishing piece in Swing—from bench faces to back, head and leg rests—is thoughtfully health and comfort-optimised to ensure your physical and spiritual well-being with every bath.

An integrated corner lighting column adds to the exclusive look and charm.

## Mocca luxury interior fittings

The Mocca interior fittings communicate their high standard of design and aesthetics at first sight. Light-coloured fir wood with few knots is perfectly combined with dark, thermally modified beech wood, creating an unusually exciting contrast. Ergonomically-shaped sauna chairs and leg rests invite you to put your feet up and experience perfect relaxation. The finely-spiced flavour of the heated fir wood streams through the interior and in this way creates an atmosphere that you and your family will never want to do without again.







Illustration shows the ARKK LINE interior fittings in a special cabin; wall claddings are not part of the scope of delivery.

# ARKK LINE

The ARKK LINE interior fittings represent the ultimate in luxury. The combination of classic elegance and Scandinavian design with the warm-toned exclusivity of red cedar wood provides for stylish relaxation at the highest level. Enjoy the comfort of the extras-wide benches and the ergonomically-formed backrests. The perfect sauna atmosphere is emphasised by the decorative fibre glass light styling. Additional decorative options such as floor-width lower bench areas with integrated sauna heater provide for comfortable spatial conditions and increased safety for children.

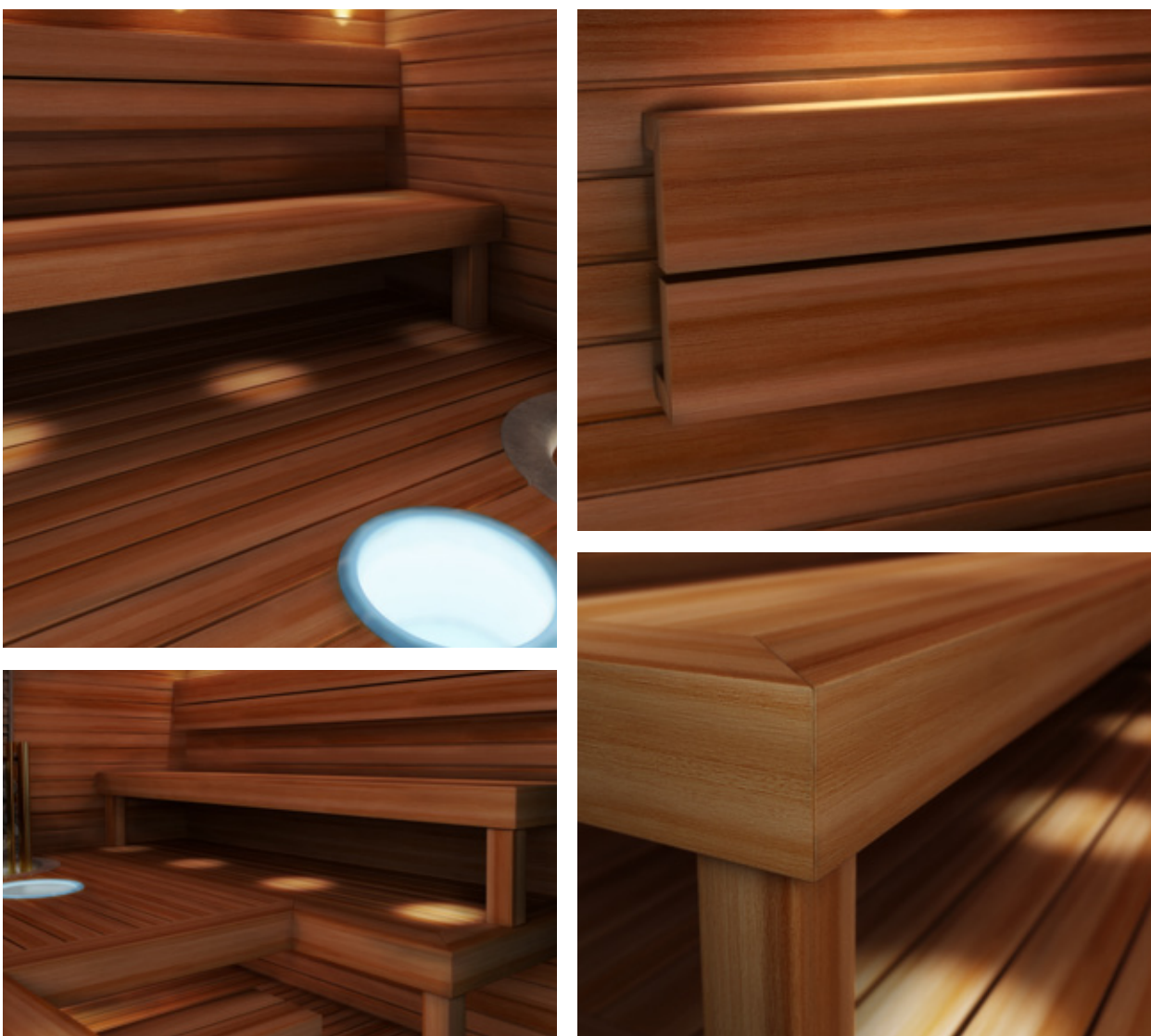


Illustration shows the ARKK LINE interior fittings in a special cabin; wall claddings are not part of the scope of delivery.

## SHORT OVERVIEW

- Perfectly styled, extra-wide benches combine comfort and aesthetic design
- The interior fittings consist of 14 cm wide elements made of red cedar, which is highly valued due to its attractiveness and durability under sauna conditions
- Long-lasting, elegant stainless steel fittings
- Modern fibre glass light creates a pleasant atmosphere for perfect relaxation
- Top quality workmanship and complete scope of delivery for fast and simply assembly
- Tailor-made solutions can be developed on request that offer the optimum in space due to the sauna-wide lower bench areas with integrated heater





Illustration shows the HELMI interior fittings in a special cabin; wall claddings are not part of the scope of delivery.

# HELMI

HELMI interior fittings provide for sophisticated exclusivity. Enjoy the loveliest holiday feeling in your own home, because HELMI fulfils the practical and aesthetic principles of the classic Finnish design in a very special way and in doing so puts the helo promise of perfect relaxation into practice. The clear design and precise manufacturing invite you time and again to relax and recuperate. Each HELMI element is developed with the target of fulfilling our customers' highest comfort demands.

## HELMI – exclusivity and comfort

The loving and careful workmanship of the HELMI interior fittings offers you a comfortable sauna experience every time. The impressive design is not only practical, but also absolutely safe for children. This is achieved by elaborate intermediate bench claddings between the upper and lower benches. Both the upper and lower benches are designed in such a way that they can be removed very simply in order to be able to clean the sauna comfortably and easily.



The model series Arkk Line, Helmi, etc. refer exclusively to the interior fittings consisting of benches, backrests, etc. Wall claddings are not part of these interior fittings.

### SHORT OVERVIEW

- Select your individual HELMI interior fittings of high-quality aspen, alder or thermally treated red cedar
- The rounded lamellae of the child-friendly benches with closed intermediate wall claddings ensure the greatest possible safety
- Optionally available are tailor-made solutions for sauna-wide lower benches, making more space and at the same time creating room for a decorative and practical integration of the heater
- The easily removable upper and lower sauna benches facilitate the cleaning of the sauna





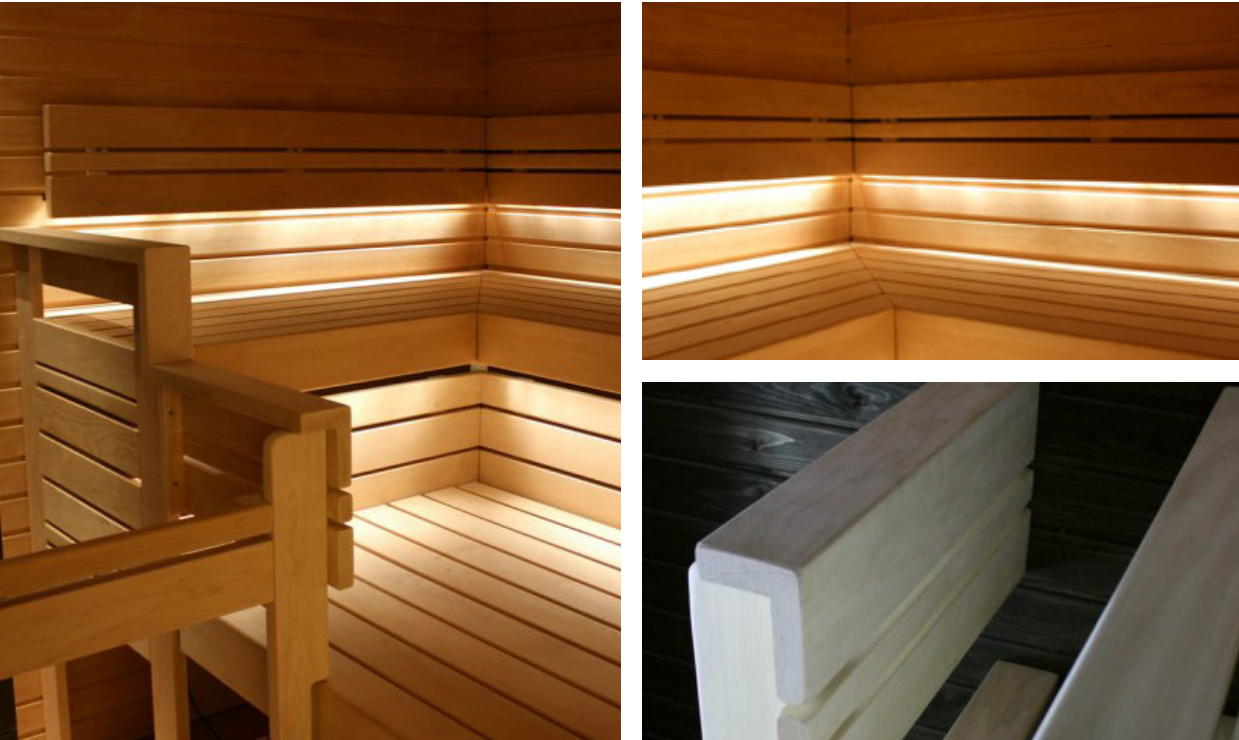
Illustration shows the LINEA interior fittings in a special cabin; wall claddings are not part of the scope of delivery.

# LINEA

LINEA interior fittings fascinate with their classic Scandinavian design. The light-coloured aspen wood emphasises the timeless appearance with its clear lines. Precisely manufactured to the tiniest detail and in the exact dimensions according to your wishes, LINEA ensures that you can relax perfectly. A fascinating atmosphere is created in every sauna by combination with the optionally available indirect lights behind the backrests.

## LINEA – timeless elegance

With its straight lines and clear structures, LINEA blends perfectly into any sauna. Maximum safety for children is ensured by the full cladding between the benches. However, LINEA is an outstanding solution not only in new sauna cabins, but also as a replacement for interior fittings in older saunas that have become unsightly.



The model series Arkk Line, Helmi, etc. refer exclusively to the interior fittings consisting of benches, backrests, etc. Wall claddings are not part of these interior fittings.

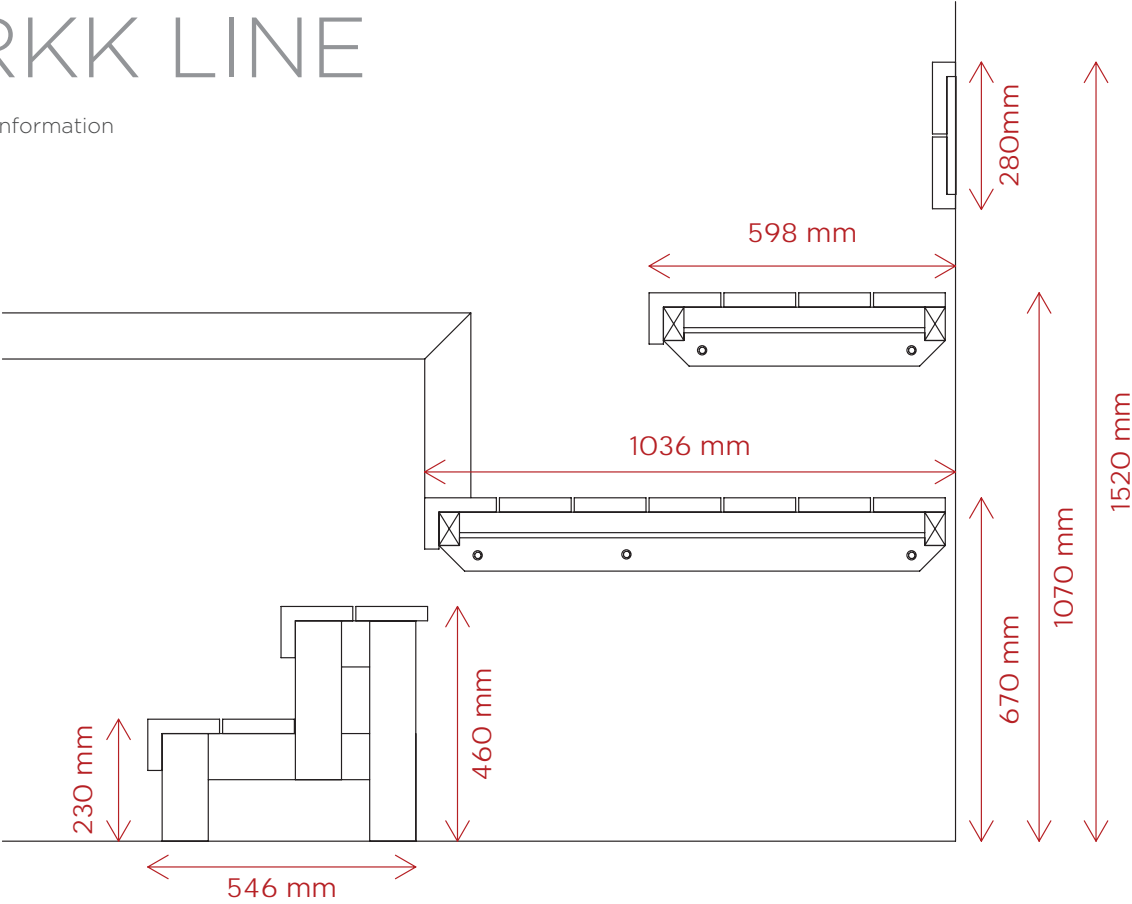
### SHORT OVERVIEW

- LINEA interior fittings are made from high-quality, light-coloured aspen wood.
- The clear and matter-of-fact design of the benches conveys a typically Scandinavian ambience.
- The child-friendly benches with closed intermediate wall claddings ensure the greatest possible safety.
- Optionally available are tailor-made solutions for sauna-wide lower benches, making more space and at the same time creating room for a decorative and practical integration of the heater.
- Perfectly suitable for retrofitting into older sauna cabins.



# ARKK LINE

Technical information



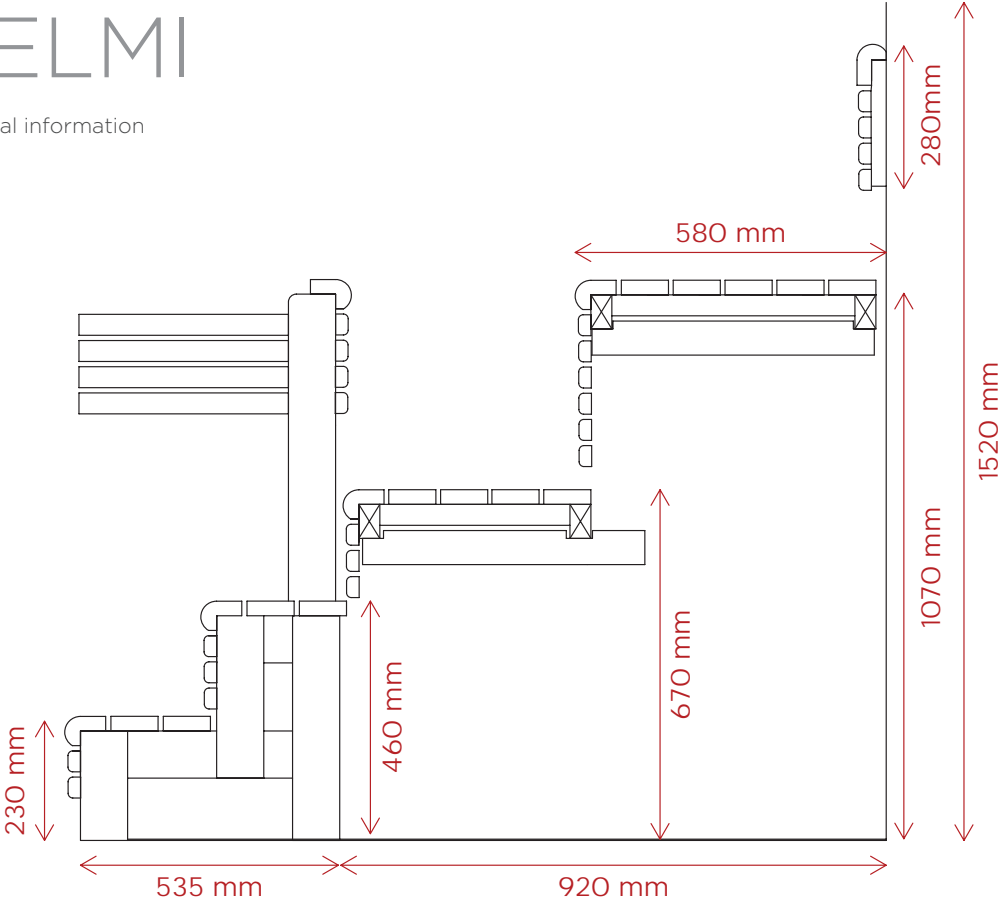
Red cedar  
28 x 140 mm

ARKK LINE	Material	Red cedar		
	Type	1800 mm	2100 mm	2400 mm
	Sauna benches included in the scope of delivery	<ul style="list-style-type: none"> <li>Upper bank</li> <li>Lower bank</li> <li>Footrest</li> <li>Protective grille for heater</li> <li>Backrests</li> <li>Fastening parts for the assembly</li> </ul>		

Dimensions individually variable to the sizes required by the customer.

# HELMI

Technical information



Aspen  
28 x 88 mm



Alder  
28 x 88 mm



Thermally treated aspen  
28 x 88 mm



Red cedar  
28 x 88 mm

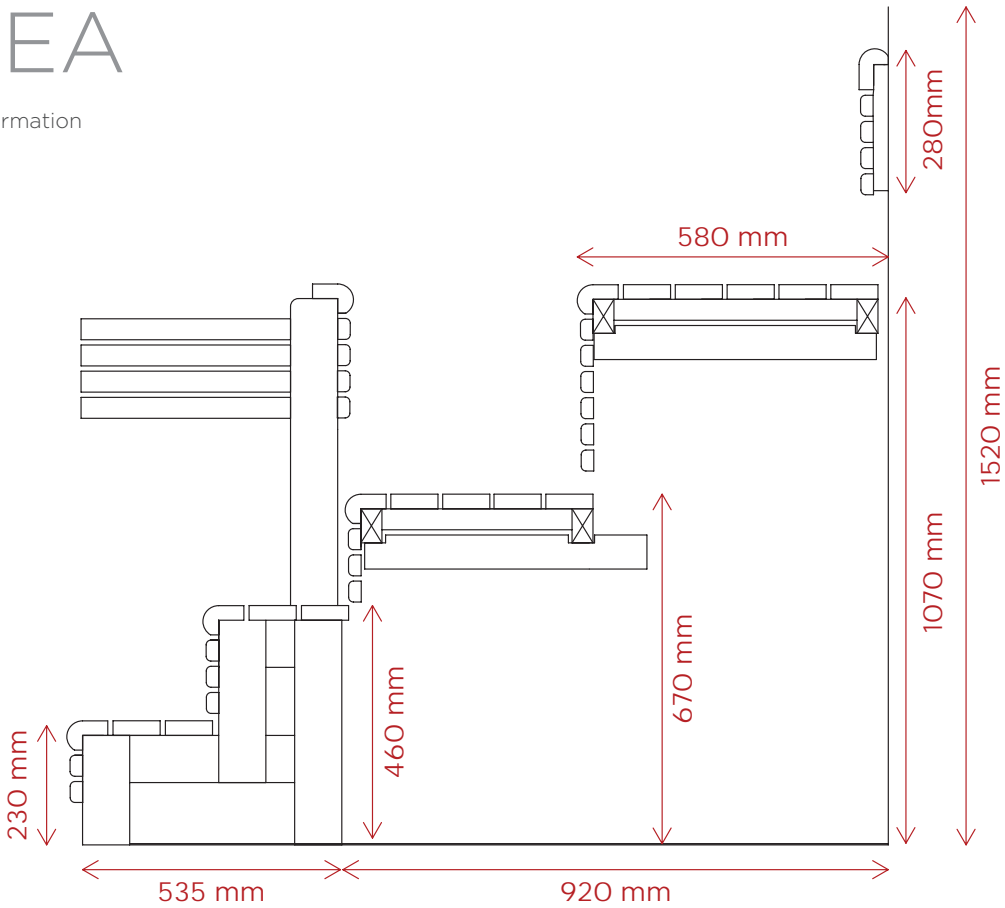
HELMI	Material	Aspen, alder, aspen with thermally treated aspen (details), red cedar		
	Type	1800 mm	2100 mm	2400 mm
	Sauna benches included in the scope of delivery	<ul style="list-style-type: none"> <li>Upper bank</li> <li>Lower bank</li> <li>Footrest</li> <li>Protective grille for heater</li> <li>Backrests</li> <li>Fastening parts for the assembly</li> </ul>		

Dimensions individually variable to the sizes required by the customer.



# LINEA

Technical information



Aspen  
28 x 88 mm

LINEA	Material	Aspen		
	Type	1800 mm	2100 mm	2400 mm
	Sauna benches included in the scope of delivery	<ul style="list-style-type: none"><li>• Upper bank</li><li>• Lower bank</li><li>• Footrest</li><li>• Protective grille for heater</li><li>• Backrests</li><li>• Fastening parts for the assembly</li></ul>		

Dimensions individually variable to the sizes required by the customer.

## helo sauna doors HARMONIOUS IN DESIGN AND FUNCTION

Exclusive top quality sauna doors, specially developed and built to withstand the extreme temperature fluctuations between the interior and exterior surfaces without warping or deforming.



All-glass door for the private sauna area  
With an opening width of 57 cm. 8 mm safety glass, alternatively clear or bronze-tinted.



All-glass door for the commercial sauna area  
With an opening width of 74 cm; suitable for wheelchairs. 8 mm safety glass, alternatively clear or bronze-tinted.

### SHORT OVERVIEW

- The door frame is mortised and glued and is particularly stable and torsionally rigid
- Door and frame are provided with a single rebate for accurate, tight closing. That keeps the valuable heat inside the sauna
- Impact-resistant 8 mm safety glass is used for all smoked and clear glass doors, imparting a permanent feeling of high quality.



# TYPES OF WOOD

helo, as a wood processing company, is aware of its responsibility towards nature and the environment and has therefore decided to have itself FSC-certified. With its seal, the globally recognised certification system identifies products that are manufactured using wood from environmentally compatible forestry.



This distinction underlines helo GmbH’s extensive activities in the field of environmental protection and sustainability. The major products of the manufacturing plant in Knüllwald-Wallenstein are high-quality massive log saunas, which are supplied via the international helo group to private and commercial customers.

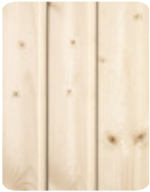
## HOW HELO USES WOOD

- Sauna cabin structure and exteriors are made of low-resin varieties such as spruce, pine, hemlock or fir.
- Interior fittings are made of special abachi softwood, which is splinter free, smooth and durable with very low heat retention.
- We NEVER use low quality chipboards or plywood. Every part of your helo sauna is made with solid wood planks.

## WHY WE USE WOOD EXCLUSIVELY IN OUR SAUNAS

- No material other than wood is used to build your sauna, with the exception of decorative elements on the outside of the cabin.
- Wood has low heat conductivity. This means we can touch it even at high temperatures without risk of burning ourselves.
- Its natural fibre structure allows it to absorb steam and moisture and release it again, making it ideal for saunas.
- Wood is stable and durable, muffles sound and radiates a pleasant, natural warmth.

# Woods used in helo saunas



**NORDIC SPRUCE**  
Low-resin, slowly-grown northern classic is durable and dense with many small character-enhancing knots.



**HEMLOCK**  
A very strong and dense dark red Canadian wood with a distinctive fine-grained structure. Low resin, knot-free.



**NORDIC PINE**  
Durable with a smooth, nearly knot-free character that creates an even, warm-looking surface.



**RED CEDAR**  
Has very little resin, yet still has that characteristic cedar smell. Cedar colours can range from red to dark brown.



**ASPEN**  
From the poplar family, aspen is a clear, light wood that is preferably used for interior fittings.



**FIR**  
White-yellow softwood with fine grain. There are no resin channels in the wood. Fir is very resistant to humidity.

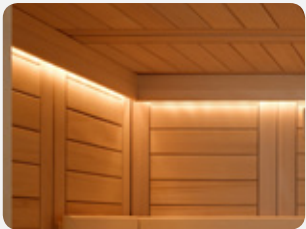


**ABACHI SOFTWOOD**  
Soft wood, knot- and splinter-free. One of the few woods we use that is not native to northern climates. creates an even, warm-looking surface.

Quick set-up, durable 12.5 mm Nordic spruce panelling



58 mm fir walls and ceiling reflect heat without added insulation and minimised use of materials



Aspen has a unique heat conductivity resistance—it stays comfortable to the touch regardless of temperature.



Trim in abachi softwood, as well as benches, headrests, backrests, duckboard, bench aprons, heater guard rail and light unit





HELO PROJECT



Happy guests come back. It's the golden rule of the leisure and hospitality trades, and a key to success for professional sports venues. helo has decades of experience in supplying the genuine sauna and team experience to professional industries. We can help you create an inviting, relaxing environment that adds real value and generates positive word of mouth and returns for your facility.

With helo, you can be involved as little or as much as you want in the design of your wellness area. Either way, we offer full support from concept development to planning, construction and opening. Best of all, our proprietary design and development tools and experienced teams mean your facility's wellness area will be ready within 4 to 6 weeks of our very first coonsultation.

- **Reliable:** helo Sauna has more than 30 years of experience and tradition as a leading supplier of guest wellness solutions to the hospitality industry.
- **One contact:** helo manufactures every detail of your solution. One point of contact means peace of mind for planning, installation and after sales service.
- **Quality workmanship:** helo professionals are highly experienced in the planning and installation of wellness areas for businesses. Sauna and steam rooms, heaters and decorative and comfort elements are

all produced from the very finest, quality-sourced materials.

- **Cost-effective:** Your investment in a helo wellness area pays itself back many times over because of its contribution to customer satisfaction—and the further business it creates.
- **Fast:** From our first consultation to the grand opening of your custom wellness centre takes no more than 4-6 weeks.



SECURE PLANNING, PRECISE PROGRESS

Developing your wellness centre starts with an initial consultation to determine any particular themes you might have in mind, take measurements and advise on technical details. We can also work from your architect's drawings if the wellness centre is planned for a new facility.

We will generate our own professional, fully-detailed drawings for you to approve and correct if necessary before installation begins. Throughout the project, you will have ongoing access to our professional team.



When only the best will do

TOP QUALITY WOOD CONSTRUCTION AND FINISHING

helo only uses solid wood components in the cabin and finish of your wellness centre. Only solid wood ensures a genuine sauna and steam experience, and can withstand the rapid fluctuations in temperatre and moisture. But you do have many choices in the types of wood used for inner and outer construction of your wellness centre—a description of the wood options you have can be found on page 77.

PROFESSIONAL HEATERS

helo heaters are renown for their innovative design and problem-free performance. Depending on the size and layout of your wellness centre, you will have many options for customising the climate-generation of your solution—your helo advisor will be happy to help.

RECOMMENDED PROFESSIONAL SAUNA HEATERS



Maagma and Laava heaters are ideal for professional sauna environments thanks to their high rock capacity, generating a luxurious and stable sauna climate in larger spaces. Sturdy, intelligently-engineered construction minimises maintenance and ensures many years of problem-free performance.

COMFORT AND DECOR CUSTOMISATION

The interior and exterior of your wellness centre can be tailored to suit your exact comfort and design needs. Seating benches, back and head rests and bench aprons are available in a wide range of quality solutions, as are all interior and exterior fittings and windows. Your helo advisor can help you make the choices to match both your ambition and budget.



Your professional sauna can also include personalised decor touches to support the theme or brand value of your organisation. Anything is possible—just ask your helo advisor.



The manual production of commercial saunas according to the customer's wishes, including measurement, concept development, professional production and professional assembly, is accomplished by carefully trained helo sauna specialists.

Torch Tower, Qatar

In exclusive co-operation with helo, private spa suites were developed for the impressive new 6-star Torch Tower Hotel in Doha, Qatar. helo took care of the complete planning, including the room concept for the steam bath and sauna areas. We produced unique, tailor-made saunas and very individual steam baths for this. The generously sized sauna rooms were each equipped with two Rocher sauna heaters, each of which contains 100 kg of sauna stones. Powerful HLS VAPE steam generators are used in the steam baths. helo was responsible for the overall planning, the implementation and the technical support. The project was managed locally by the helo partner Watermaster Qatar.



PRODUCTION SCHEDULE

Week 1: Planning



Discussion, on-site measurement, clarification of the technical details

Weeks 2 to 5: Construction



Your individual wellness area goes into production

Week 6: Inspection, test and opening



Installation, testing and checking, commissioning





## HELO SAUNA ACCESSORIES FOR YOUR DREAM SAUNA

The appealing design, the loving, high-quality workmanship down to the tiniest detail and the unlimited creative possibilities of the helo saunas guarantee perfect enjoyment of the daily sauna experience. That naturally also applies to the extensive range of sauna accessories, which are tailored to your well-being and with which you can adapt your sauna to your requirements and your personal taste. Individually tailored to your wishes, a dream sauna is created that invites you and your family to relax every day.





## Water bowl with wooden handles

Made of frosted, glacier-green acrylic, ø 320 mm. Decorative installation, recessed into the bench. The installation opening has a diameter of 285 mm and is 180 mm deep.



## Kambala waterfall shower

Larch wood bucket with a capacity of 18 litres, stainless steel holder for mounting on ceiling and wall. Coated on the inside with waterproof varnish and on the outside with clear varnish. Toggle lever with pull chain 700 mm. Quick-release coupling 1/2", adjustable float valve. Weight 6.2 kg.



## Steel water vessel and scoop

Decorative stainless steel water vessel with birch wood handle. Supplied as a set with matching scoop, likewise made of stainless steel with a handle of light-coloured birch.



Premium Liquid Thermo H  
Liquid crystal thermometer on beech wood



Premium Hourglass H  
Hourglass on beech wood



Premium Thermometer H  
Thermometer on beech wood



Premium Towel Rack H  
Towel rack on beech wood



Premium Thermo/Hygro H  
Thermometer/hygrometer combination with C/F scale on beech wood



Headrest/backrest  
Headrest & backrest made of birch wood  
Anatomically designed for optimum relaxation in the sauna.



Premium Hygrometer H  
Hygrometer on beech wood



# Aroma therapy

helo fragrance concentrates make pouring water on the stones an experience for body and soul every time. Select your favourites from our wide range of fragrances depending on the season and your personal feelings.

Fragrance concentrates available: eucalyptus, minty bitter-fresh, mountain pine, birch, Nordic spruce, green lime, melissa, peppermint, sauna gold, herbal mixture, blood orange.



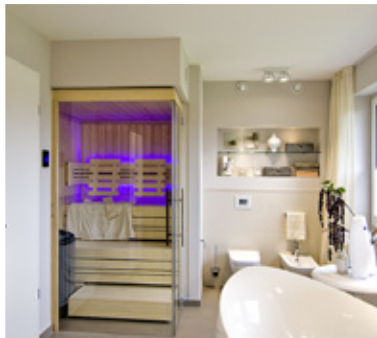
# Your sauna at home is your holiday at home! ARRANGE THE ROOM JUST AS YOU LIKE IT!

We offer you absolute individualisation with the extended helo heco range. The new ‘helo Sauna Waver’ sound system is the easy way to take your playlist or favourite relaxation music with you into your sauna, in keeping with the motto: ‘only happy people are healthy people!’

The helo Sauna Waver connects itself almost automatically via Bluetooth to your Smartphone, Tablet or MP3 player and uses your sauna as a resonating body for an unsurpassed 360° sound experience.

Those who see the light of the world feel born again – see the light of the sauna with us! The new ‘Vital Valo’ relaxation light also provides you with limitless creative possibilities in your sauna.

Stay the ringleader and decide on the type and extent of your sauna lighting. Whether coloured light, starry sky, reading light, backrest lighting or indirect lighting with our LED technology, you remain flexible.



# TECHNICAL DATA

On the following pages you will find details of the dimensions of the sauna cabins as well as technical specifications for our sauna heaters. If you have further questions or need assistance with the planning of your sauna, please contact your local helo dealer or visit our homepage at [www.helo-sauna.de](http://www.helo-sauna.de).



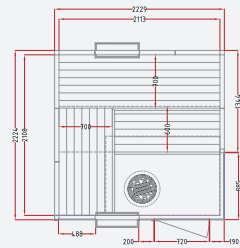
## Technical data

### INTERIOR FITTINGS FOR SAUNAS

Regardless of which sauna cabin you choose, there are always some decisions to be made regarding the interior fittings. With some cabins you can select the dimensions individually in small 8.5 cm grid steps. With others various options are available in fixed sizes. The following tables offer you an insight into the possibilities for your chosen cabin. Your helo dealer will be pleased to help you if you cannot find your desired layout for the interior fittings.

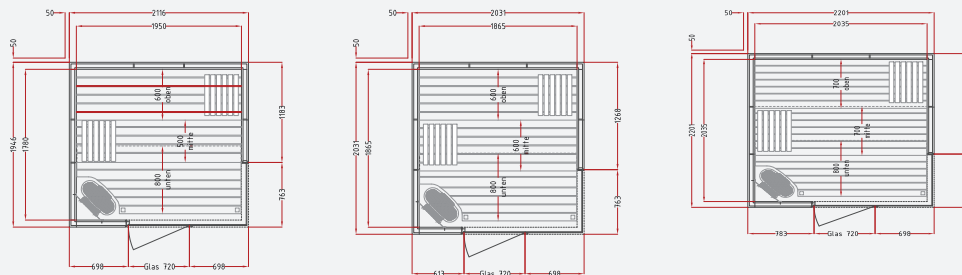
## EDGE

The EDGE massive log sauna unites visionary design with exclusive lifestyle equipment.



## COMFORT

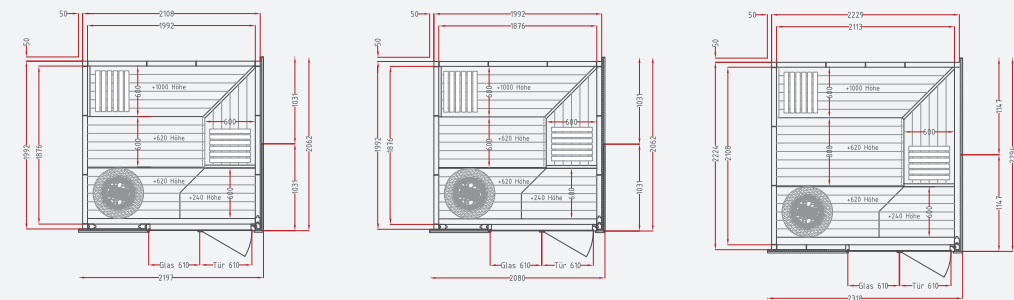
With its unobtrusive aesthetic note, the COMFORT captivates with its very individual appearance.



**CUPREME**

The CUPREME combines heating using a great many heating stones with an entirely natural configuration and in doing so creates optimum relaxation conditions.

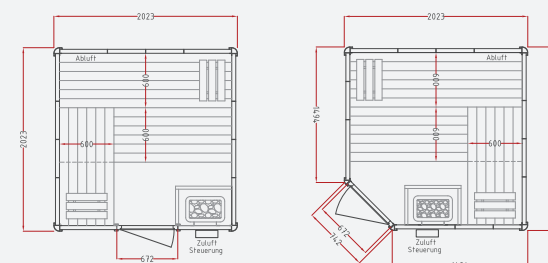
							(cm)
Dim	164,4	176,0	187,6	199,2	210,8	222,4	234,5
164,4	4,5 kW	4,5 kW	6 kW	6 kW	6 kW	6 kW	8 kW
176,6	4,5 kW	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW
187,6	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW
199,2	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW
210,8	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW
222,4	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW
234,5	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	9 kW



**SUPREME**

The SUPREME is a wellness oasis that offers you a great many possibilities for the optimum use of your space situation.

	Power consumption (W) by year of production													(cm)
Dim	129,1	140,7	152,3	164,4	176,0	187,6	199,2	210,8	222,4	234,5	246,1	257,7	269,3	
129,1	4,5 kW	4,5 kW	4,5 kW	4,5 kW	4,5 kW	4,5 kW	4,5 kW	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW	
140,7	4,5 kW	4,5 kW	4,5 kW	4,5 kW	4,5 kW	4,5 kW	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW	
152,3	4,5 kW	4,5 kW	4,5 kW	4,5 kW	4,5 kW	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW	
164,4	4,5 kW	4,5 kW	4,5 kW	4,5 kW	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW	
176,0	4,5 kW	4,5 kW	4,5 kW	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	
187,6	4,5 kW	4,5 kW	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	
199,2	4,5 kW	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	9 kW	
210,8	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	9 kW	9 kW	
222,4	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	9 kW	9 kW	9 kW	
234,5	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	9 kW	9 kW	9 kW	9 kW	
246,1	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	9 kW	9 kW	9 kW	9 kW	10 kW	
257,7	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	9 kW	9 kW	9 kW	9 kW	10 kW	10 kW	
269,3	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	9 kW	9 kW	9 kW	9 kW	10 kW	10 kW	10 kW	



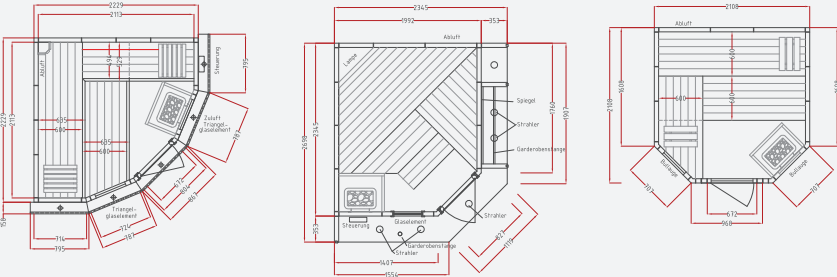


FINESSE

Among the advantages of the FINESSE is the fact that it is dimensioned in 11.6 cm grid steps and can be configured in the most diverse ways.

(cm)

Dim	129,1	140,7	152,3	164,4	176,0	187,6	199,2	210,8	222,4	234,5	246,1	257,7	269,3
129,1	4.5 kW	4.5 kW	4.5 kW	4.5 kW	4.5 kW	4.5 kW	4.5 kW	4.5 kW	6 kW	6 kW	6 kW	6 kW	8 kW
140,7	4.5 kW	4.5 kW	4.5 kW	4.5 kW	4.5 kW	4.5 kW	4.5 kW	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW
152,3	4.5 kW	4.5 kW	4.5 kW	4.5 kW	4.5 kW	4.5 kW	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW
164,4	4.5 kW	4.5 kW	4.5 kW	4.5 kW	4.5 kW	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW
176,0	4.5 kW	4.5 kW	4.5 kW	4.5 kW	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW
187,6	4.5 kW	4.5 kW	4.5 kW	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW
199,2	4.5 kW	4.5 kW	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW	9 kW	9 kW
210,8	4.5 kW	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	9 kW	9 kW
222,4	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	9 kW	9 kW	9 kW
234,5	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	9 kW	9 kW	9 kW	9 kW
246,1	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	9 kW	9 kW	9 kW	9 kW	10 kW
257,7	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	9 kW	9 kW	9 kW	9 kW	10 kW	10 kW
269,3	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	9 kW	9 kW	9 kW	9 kW	10 kW	10 kW	10 kW

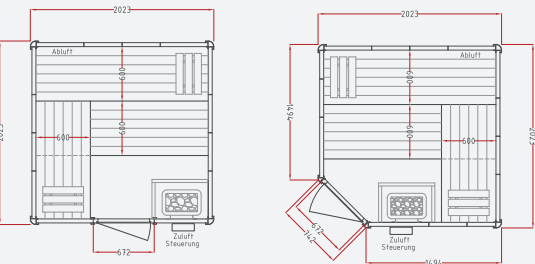


AMBIENTE

The AMBIENTE is precisely dimensioned in 10.5 cm grid steps. This way you get a unique design for a genuine mild sauna experience. Take your ideas along to your regional helo dealer and let him show you how simple and inexpensive it is to put them into practice.

(cm)

Dim	150,9	161,4	170,9	181,4	191,9	202,5	213,0	223,5	234,0	244,5
150,9	6 kW	6 kW	6 kW	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW
161,4	6 kW	6 kW	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW
170,9	6 kW	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW
181,4	6 kW	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW
191,9	6 kW	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW
202,5	6 kW	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	9 kW
213,0	6 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	9 kW	9 kW
223,5	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	9 kW	9 kW	9 kW
234,0	8 kW	8 kW	8 kW	8 kW	8 kW	8 kW	9 kW	9 kW	9 kW	9 kW
244,5	8 kW	8 kW	8 kW	8 kW	8 kW	9 kW	9 kW	9 kW	9 kW	9 kW

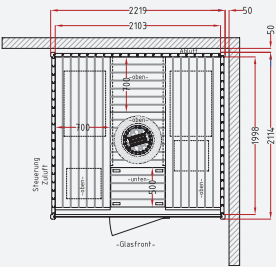


MOCCA

The MOCCA is supplied in four standard widths that can be combined with individual depth dimensions in 10.5 cm grid steps. The MOCCA can thus be fitted precisely into almost any environment. Your regional helo dealer will be pleased to help you plan your individual sauna.

(cm)

Dim	200,9	211,4	221,9	232,4
200,9	8 kW	8 kW	8 kW	8 kW
211,4	8 kW	8 kW	8 kW	8 kW
221,9	8 kW	8 kW	8 kW	9 kW
232,4	8 kW	8 kW	9 kW	9 kW



LÉGER

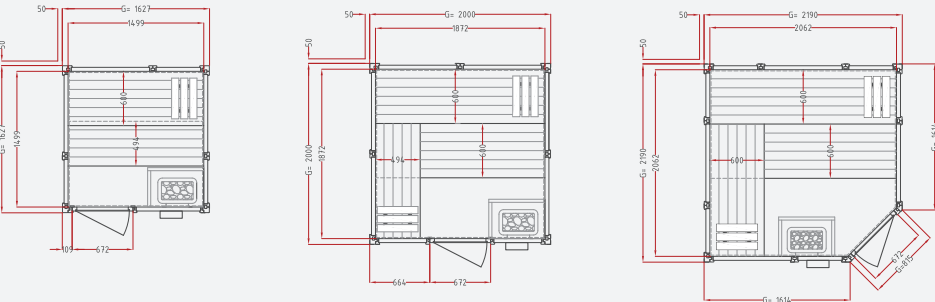
The floor plan system of the LÉGER is based on four standard widths that can be combined with individual depth dimensions in 11.6 cm steps. This results in a wide range of possibilities to integrate the LÉGER perfectly into existing rooms. Your regional helo dealer will be pleased to assist you with the detailed solutions for the planning of your sauna.

(cm)

Dim	199,2	210,8	222,4	246,1
199,2	8 kW	8 kW	8 kW	8 kW
210,8	8 kW	8 kW	8 kW	8 kW
222,4	8 kW	8 kW	8 kW	9 kW
246,1	8 kW	8 kW	9 kW	9 kW

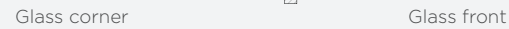
CASA

There are 16 popular floor plans for the CASA. The illustration shows a compact square version with 2 offset levels for up to 4 persons. For further options, please refer to the technical specifications or ask your local dealer.





A sauna made of massive log planks represents the crème de la crème in sauna construction. And the connection of log planks with large glass elements offers unrestricted sauna enjoyment with an optimum feeling of spaciousness.

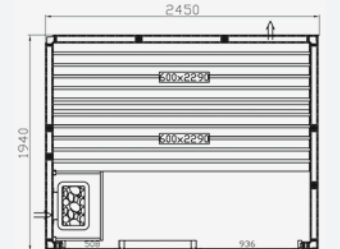


An individually dimensioned VARIO CONCEPT can be easily integrated anywhere in your home. Thanks to the precise grid steps of 8.5 cm, your personal wellness island can lend a note of style and relaxation to almost any unused area and open up further versatile planning possibilities for your furnishings.

The image contains three technical drawings of the 'Klima-Box' unit, showing front, side, and top views with dimensions in mm.

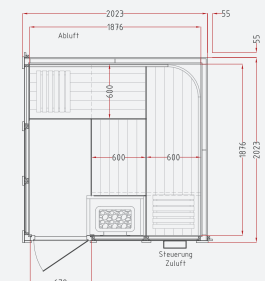
- Front View (Left):** Shows the front of the unit. Dimensions include a total width of 1833 mm, a width of 1706 mm for the main body, and a depth of 55 mm. The internal width is 600 mm. The total height is 1852 mm, with a main body height of 1706 mm. The bottom width is 672 mm. The unit is labeled 'Klima-Box' and 'Abluft'.
- Side View (Middle):** Shows the side of the unit. Dimensions include a total width of 1852 mm, a width of 1706 mm for the main body, and a depth of 55 mm. The internal width is 600 mm. The total height is 1876 mm, with a main body height of 1706 mm. The unit is labeled 'Steuerung Zuluft' and 'Abluft'.
- Top View (Right):** Shows the top of the unit. Dimensions include a total width of 2023 mm, a width of 1876 mm for the main body, and a depth of 55 mm. The internal width is 600 mm. The total height is 1876 mm, with a main body height of 1706 mm. The unit is labeled 'Abluft' and 'Steuerung Zuluft'.

The VISAGE is available with 17 different floor plans. The drawings here show a few popular sizes by way of example. The VISAGE is also available in some versions with a corner entrance. Detailed information about the extensive VISAGE sauna range can be obtained from your local helo dealer.



The VISAGE FLEX is available in 144 different dimensions between 160 and 243 cm. Following measurement, the ordering, assembly and installation of your high-quality wellness island proceed in a jiffy. Your local helo dealer will be pleased to assist you with the measurement and will advise you on the various options.

9 kW





Technical data  
SAUNA HEATERS

We are proud of the technology and innovation at the heart of all the heaters in our range. Many years of experience and development have shown us how to provide the ideal sauna climate for any given cabin. All of our heaters' technical specifications are shown here. If you need any additional help or have questions, please contact your local helo dealer or visit our website at [www.helo-sauna.de](http://www.helo-sauna.de).

ROCHER

Rocher	70 D	105 D
Power (kW)	6.8	10,5
Sauna size (m³)	5 - 9	9 - 15
Sauna stones (kg)	100	100
Size (mm)	425x1140	425x1140
Special features	Soapstone ring and glass ring	

Pour a scoop of water on the 100 kg of sauna stones – ROCHER reacts right away with a pureness and mild intensity that you can't resist.

Please note: an additional power booster is required when using the Digi1 / Midi or Easy controller



CAVA

CAVA	60 D	90 D
Power (kW)	6.0	9.0
Sauna size (m³)	6 - 10	9 - 13
Sauna stones (kg)	30+15	30+15
Size (mm)	490x230x830	490x230x830
Special features	Soapstone ring and glass ring	

CAVA emits heat upwards and outwards and quickly provides for the perfect climate for a true sauna experience.

Please note: an additional power booster is required when using the Digi1 / Midi or Easy controller



HIMALAYA

HIMALAYA	70 DES	105 DES
Power (kW)	6.8	10.5
Sauna size (m³)	5 - 9	9 - 15
Sauna stones (kg)	100	100
Size (mm)	330x1020x330	330x1020x330
Special features	–	

The attractive sauna heater is 102 cm high, 33 cm wide and is available in matt black or chrome. The Himalaya can be installed on the floor next to a wall.



LAAVA

LAAVA	901	1051	1201	1501
Power (kW)	9.0	10.5	12.0	15.0
Sauna size (m³)	8 - 13	9 - 15	10 - 18	14 - 24
Sauna stones (kg)	60	60	60	60
Size (mm)	475x700x515	475x700x515	475x700x515	475x700x515
Special features	–			

Recommended quantity of stones: 60 kg. The safety distances according to the operating instructions must be checked before the installation and use.

Please note: an additional power booster is required when using the Digi1 / Midi or Easy controller



MAGMA

MAGMA	181	210	260
Power (kW)	9.0	10.5	12.0
Sauna size (m³)	18 - 30	24 - 36	30 - 46
Sauna stones (kg)	120	120	120
Size (mm)	880x700x510	880x700x510	880x700x510
Special features	–		

Contains a full 120 kg of stones. Maintain safety distances according to the operating instructions.

Please note: an additional power booster is required when using the Digi1 / Midi or Easy controller





TAIKA

TAIKA	80	100	120
Power (kW)	8.0	10.0	12.0
Sauna size (m³)	8 - 13	9 - 15	10 - 18
Sauna stones (kg)	65	65	65
Size (mm)	77 (h), 68 (ø)	77 (h), 68 (ø)	77 (h), 68 (ø)
Special features	-		

TAIKA is the Finnish word for magic.  
Please note: helo SMART controller and WE 11 power booster required for operation



FERRO

FERRO	90 DE	105 DE	120 DE
Power (kW)	9.0	10.5	12.0
Sauna size (m³)	8.0-13.0	9.0-15.0	10.0-18.0
Sauna stones (kg)	50	50	50
Size (mm)	500x760x430	500x760x430	500x760x430
Special features	Can be used free-standing in the room, on the wall or in a bench formation		

The FERRO sauna heater has a modern design and is ideal for use in home and family saunas thanks to its power rating and its flexible placement possibilities.

Please note: an additional power booster is required when using the DigiI / Midi or Easy controller



RINGO

RINGO	60 STJ	80 STJ
Power (kW)	6.0	8.0
Sauna size (m³)	5.0 - 9.0	8.0 - 13.0
Sauna stones (kg)	70	70
Size (mm)	750 (h), 365 (ø)	750 (h), 365 (ø)
Special features	-	

The helo RINGO with 6 or 8 KW is a free-standing sauna heater with a built-in controller and adjustable feet. It can be positioned free-standing in almost any place in the sauna.



ROXX

ROXX	60 DE	90 DE
Power (kW)	6.0	9.0
Sauna size (m³)	5.0-10	9.0-13.0
Sauna stones (kg)	35-40	35-40
Size (mm)	490x250x830	490x250x830
Special features	Adjustable feet for the compensation of surface unevenness; can be used free-standing or in a bench formation	

With its modern, elegant design and housing made of brushed stainless steel, the ROXX is a real gem in any home sauna. The efficient heat storage with about 40 kg of sauna stones provides for a pleasantly mild sauna climate.

Please note: an additional power booster is required when using the DigiI / Midi or Easy controller



RING WALL

RING WALL	45 D	60 D	80 D
Power (kW)	4.5	6.0	8.0
Sauna size (m³)	4.5 - 6.0	5.0 - 9.0	8.0 - 13.0
Sauna stones (kg)	37	37	37
Size (mm)	445x335x525	445x335x525	445x335x525
Special features	-		

Very compact and therefore ideal for the family sauna. RING WALL requires less than half a square metre of space in the sauna.

Please note: an additional power booster is required when using the DigiI / Midi or Easy controller



HAVANNA

HAVANNA	45 STS	60 STS	80 STS	90 STS
Power (kW)	4.5	6.0	8.0	9.0
Sauna size (m³)	3 - 6	5 - 9	8 - 12	9 - 13
Sauna stones (kg)	20/28	20/28/35	20/28/35	20/28/35
Size (mm)	475x580x300	475x580x300	475x580x300	475x580x300
Special features	-			

The Havanna has a built in thermostat and a timer with 9 hours preheating time and a running time of 0-3 hours. Both controllers are very simple to use and easy to reach on the side wall.





FONDA

FONDA DET/ST	4.4	6.6	8.0
Power (kW)	4.4	6.6	8.0
Sauna size (m³)	4 - 6	5 - 9	8 - 12
Sauna stones (kg)	20	20	20
Size (mm)	448x565x364	448x565x364	448x565x364
Special features	-		

The FONDA can be used as a wall appliance or also free-standing using the optional feet. It is available both for external controllers and also in the FONDA ST version with an integrated controller.



FONDA DUO

FONDA DUO	4.4	6.6	8.0
Power (kW)	4.4	6.6	8.0
Sauna size (m³)	4 - 6	5 - 9	8 - 12
Sauna stones (kg)	20	20	20
Size (mm)	448x565x364	448x565x364	448x565x364
Special features	-		

The FONDA can be used as a wall appliance or also free-standing using the optional feet. helo recommends the T2 digital touch controller for the combined sauna/stream bath controller.



VIENNA

VIENNA	45 STS	60 STS	80 STS
Power (kW)	4.5	6.0	8.0
Sauna size (m³)	3 - 6	5 - 9	8 - 12
Sauna stones (kg)	12	12/20	20
Size (mm)	410x615x280	410x615x280	410x615x280
Special features	-		

The heater has a built in thermostat and a timer with 9 hours preheating time and a running time of 0-3 hours.



